

SAFETY NET-WORKS

FEBRUARY 2023



ONLINE SAFETY & CYBER SECURITY EDITION

www.safercommunitiescotland.org



Cyber Scotland Week

**Cyber Scotland Week 2023:
27th February - 5 March**

Cyber Scotland Week draws together events across Scotland designed to make businesses, organisations and individuals more cyber aware and resilient.

Whether we're younger or older. From our home life to our business. Whether you need to protect yourself or your organisation, you need to be cyber aware and resilient in a growing digital world.

The three aims of Cyber Scotland Week are:

- **Protection:** Improving cyber resilience knowledge, behaviours, awareness and practice.
- **Innovation:** Showcasing innovative work happening across Scotland's cyber sector.
- **Skills & Careers:** Promoting skills development and a career in cyber security.

You don't need to be a cyber security expert to support CyberScotland Week. You can host an event for your colleagues, customers, members, network or friends. Cyber Scotland Week can help promote your event or even find a speaker.

Find out more about Cyber Scotland Week on [their website](#).

LGBT+ Community Tensions and Concerns - Message to Communities

Police Scotland is aware of increased community tensions and concerns within our LGBT+ communities following events and incidents across Scotland and the United Kingdom.

Police Scotland is committed to keeping people safe and have officers within your communities to provide reassurance and assistance. They will continue to monitor developments and work closely with local partners to ensure people and communities have the support required whenever they need it.

Police Scotland has a zero tolerance approach to hate crime. If you have been targeted because of your disability, race, religion, sexual orientation or transgender identity, please report it. If you are aware of someone else being targeted, please also report it.

Find out more about how to report hate crime on the Police Scotland [website](#).

SCSN Updates & Question of the Month - Page 2

Safer Communities Scotland Podcast - Page 3

Firework Control Zone Workshops - Page 5

Focus on Online Safety & Cyber Security - Pages 6-7

Latest Home Safety Scotland News & Updates - Pages 10-11





SCSN Joins the Health & Social Care Alliance (The Alliance) Scotland!

SCSN are delighted to have become members of the Health and Social Care Alliance (The Alliance) Scotland.

The ALLIANCE's vision is for a Scotland where people of all ages who are disabled or living with long term conditions, and unpaid carers, have a strong voice and enjoy the right to live well, as equal and active citizens, free from discrimination, with access to support and services that put them at the centre.

This vision chimes well with our priorities and those of our Home Safety Scotland Forum around preventing and reducing unintentional harm and injury at home; as well as wider community safety priorities around citizen participation, listening to the voices of lived experience, reducing loneliness and isolation and ensuring a commitment to human rights and equalities.

We look forward to working together with the ALLIANCE to further both of our organisational aims and ensure that people with disabilities, long term conditions and their carers can also enjoy living in safer, healthier and happier communities.



Question of the Month

January Results

Our Question of the Month from January related to the raft of media reports of serious misconduct by serving police officers in the London Metropolitan Police - and other Police forces around the country - following the conviction of David Carrick in January.

We asked:

“Is reporting of misconduct in the London Metropolitan Police diminishing your trust in policing where you are?”

- 50% said Yes (16 votes)
- 44% said No (14 votes)
- 6% said Not Sure (2 votes)

Question of the Month

February 2023

Our Question of the Month for February relates to our Cyber Security & Internet Safety theme and comes from Mike Smith, Cyber Incident Response & Threat Intelligence Manager at the Cyber & Fraud Centre. He wants to know whether your organisation uses a Password Manager.

We're asking:

“Does your organisation supply staff with a Password Manager?”

Take part in our poll [here](#).

Safer Communities Scotland Podcast

With Kirstie Steele and Mike Smith, Cyber & Fraud Centre



Cyber Scotland Week takes place between the 27 February & 5 March.

In deciding to theme our February newsletter on Cyber Security & Online Safety, we've been thinking more about Cyber Security, including that of our own organisation.

In this latest edition of the Safer Communities Scotland Podcast, we sat down with Kirstie and Mike from the Cyber & Fraud Centre (formerly the Scottish Business Resilience Centre) - to talk about cyber security, why it's important & what we can do to protect ourselves.

You can listen to the Podcast [here](#).
View the Podcast on Youtube [here](#).

Let's Talk about Anti-Social Behaviour...

By Lorraine Gillies, SCSN Chief Officer

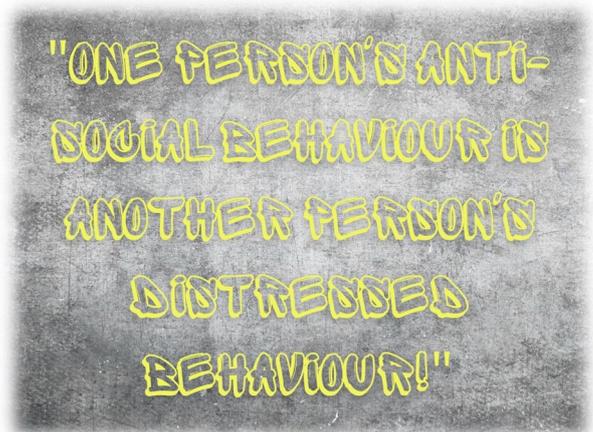
The [Scottish Community Safety Network](#) has a special interest in anti-social behaviour.

Just before lockdown in 2020, we hosted a fishbowl discussion on antisocial behaviour as part of the Firestarter Festival. The discussion centred on how society and policy could view antisocial behaviour with a more compassionate, trauma-informed lens that accounts for and addresses the social determinants, underlying behaviours and still supports victims. We discussed what 'pro-social' behaviour might look like, and how to move the discourse towards one that celebrates strengths rather than shortcomings. You can find the report here – <https://www.safercommunitiesScotland.org/event-report-lets-talk-about-asb/>

We commissioned some [research](#) and we worked with @FearlessScotland (part of [Crimestoppers Trust](#)) to produce this [fabulous campaign!](#)

So, some things we know – (pre-Covid)

- Levels of ASB have decreased over the past 10 years and the public have noticed



this decline in their areas. 29% of adults in 2017/18 thought ASB was common in their area which is down from 46% in 2009/10.

- Nevertheless, those living in the most deprived areas, in socially rented housing and in large urban areas, as well as younger people, are more likely to perceive ASB issues in their area.
- While it is an improving picture, there is a strong link between ASB and area deprivation, possibly arriving as a result of intensively neighboured housing and a lack of community facilities and social services.
- Perceptions of ASB and who engages in it are also often inaccurate and influenced by stereotypes.

Read this article in full on our website [here](#).

'Small Talk Saves Lives' - new campaign by Samaritans

A little small talk and a simple question like "Hi, where can I get a coffee?" can be all it takes to interrupt someone's suicidal thoughts and could help set them on the journey to recovery.

Since launching in 2017, Small Talk Saves Lives has successfully raised awareness within railway stations and other public settings about the need to trust your instincts and start a simple conversation if you think someone might need help.

But there is more that can be done as only 50% of UK adults said they would feel confident approaching and speaking to someone they don't know if they were concerned about them in public.

It's normal to feel anxious about starting a conversation with a stranger. You might worry about saying the wrong thing – but having the confidence to act could help save a life.

Delivered in partnership with Network Rail, British Transport Police and the wider rail industry, the latest phase of Small Talk Saves Lives will run from 21 February to 12 March 2023.

Join thousands of people looking out for one another www.samaritans.org/smalltalksaveslives



Launch of the Road Safety Framework and Evaluation Fund for 2023/24

Scotland's Road Safety Framework Funding round for 2023/24 is now open.

We are welcoming applications to the Road Safety Framework fund which have a focus on the delivery of the [Road Safety Framework 2030](#).

The Road Safety Evaluation fund will also be available to help identify the impacts, both positive and negative, interventions are having on road safety.

Applications are welcome from both public and professional associations, registered charities and university departments in Scotland, provided they meet the eligibility, funding criteria and limitations.

Please note, this is a resource only fund with infrastructure initiatives not being considered.

For more information on how to apply, click [here](#).

Report: State of Children's Rights in Scotland



Together (Scottish Alliance for Children's Rights) prepared this report to inform the UN Committee on the Rights of the Child about the state of children's rights in Scotland. The report was submitted to the UN Committee in December 2022 to help it prepare for its review of the UK's children's rights record in May 2023.

The report updates the UN Committee on what has changed since it last reviewed the UK in 2016. It offers an independent, civil society perspective on areas of progress and where there are still gaps that need to be addressed. The report suggests recommendations that the UN Committee could make to the UK and Scottish Government to help address these gaps. The content of this report reflects the situation as it stood in December 2022.

Download the Report [here](#).

PB Scotland Training

PB Scotland are now offering FREE training sessions for practitioners in Scotland at all stages of their PB learning journey for 2023.

From those starting out, to those who want to learn from their previous experience each session will give you the insights and knowledge you need.

Training will be delivered by an experienced practitioner in a friendly, participative way. Delivered on Zoom, the sessions will be accessible and engaging with plenty of chance for discussion and no long Powerpoints.

Using the PB Charter, our training covers a

whole range of topics, including:

- principles and values of PB,
- participatory democracy,
- practical PB,
- digital PB,
- dialogue and deliberation,
- and understanding public finance.

Availability is going to be extremely limited so we'll be offering it on a first-come-first-served basis, and making sure it's the right training for your knowledge and experience.

Find out more and book your place [here](#).

New Report: Ethnic Inequalities in the Criminal Justice System

A [new report](#) examining the main factors associated with remand and sentencing outcomes and the independent effect of ethnicity on those outcomes, has just been published.

Among key findings - the report showed that defendants from most ethnic minority groups are more likely to be sent to Crown Court for trial, to plead 'not guilty' and be remanded in custody after Crown Court appearances than the White British group.

Defendants from the Chinese, other White and Black Caribbean groups were also more likely to receive custodial sentence than the White British group. In the Black Caribbean group, ethnic disproportionality was even more pronounced in young males, who were 1.6 times more likely to receive a custodial sentence than the White British group.

Legally relevant factors did not fully explain disparities in remand and sentencing outcomes between ethnic minority groups and the White British group.

Firework Control Zone Workshops: Give your views!

The Fireworks and Pyrotechnic Articles (Scotland) Act 2022 is a key part of the Scottish Government's holistic approach to changing the relationship that Scotland has with fireworks. The Act was passed by the Scottish Parliament in June 2022, and a programme of work is underway to implement the core measures within the Act.

Firework Control Zones (FCZs) are one of these core measures. This will give local authorities the power to designate areas where it will only be permitted to use fireworks as part of a public fireworks display, or by a person who is

employed by, or acting under the direction of, a regulatory authority and using fireworks for that purpose.

The Scottish Government is holding a series of workshops across Scotland to provide communities with a chance to let their views be heard as we develop guidance for local authorities on designating these zones. Anyone interested is invited to attend for an interactive workshop where people will be given information about control zones and an opportunity to discuss and provide feedback on how these could best be used to address some of the issues caused by misuse of fireworks in Scotland.

Find out more & book your place [here](#).



Upcoming Cyber Security Events

Cyber Scotland Week takes place between 27 February and 5 March and there are a variety of useful events or webinars taking place during or around that week.

Some of the key events we've chosen to highlight are:

Cyber & Fraud Centre Scotland Centre Public & Third Sector Roadshow - Exercise in a Box

Various Dates & Locations

'Exercise in a Box' is a free, 90-minute non-technical workshop which helps organisations find out how resilient they are to cyber attacks and practise their response in a safe environment.

Exercise in a Box can be best described as a tool that recreates real world business scenarios and tests your cyber resilience in each scenario. It was developed by the National Cyber Security Centre and started its life as a self-use tool to help organisations test and practise their internal response to a plethora of cyber issues. It is, in essence, a box full of exercises based around real world scenarios with probing questions attached to each scenario. It allows your organisation to do them in your own time, in a safe environment, as many times as you want. It includes everything you need for setting up, planning, delivery, and post-exercise activity, all in one place.

The SBRC are hosting a series of 'Exercise in a Box' sessions for the public and third sector throughout February and March.

Find out more and book your place on one of these events [here](#).

Cyber Security Basics and Scams, Fraud and Digital Footprint Awareness Webinars - Neighbourhood Watch Scotland

Our friends at Neighbourhood Watch Scotland have teamed up with Cyber Scotland Week and Police Scotland to offer two timely and informative webinars on cyber security basics and how to avoid scams and fraud online.

The **Cyber Security Basics** webinar takes place on 27 February and aims to help people take practical steps to online safety and safeguard yourself while online.

Find out more and book your place [here](#).

The **Scams, Fraud and Digital Footprint Awareness** webinar takes place on 28 February where you can find out how to recognise, report and protect yourself from becoming a victim of a scam, not only in the real world, but also in the digital world.

Find out more and book your place [here](#).

SCSN reviewing Cyber Security

Like many of our stakeholders and followers, we're a small charity. We don't have a Data and IT Manager or resident expert and most of our IT systems are provided by third parties who we trust to keep us secure.

Recently, we've decided it was overdue we had a deeper think about our own Cyber Security.

And so having attended a recent Holyrood Connect Conference on Cyber Security we've signed up to some of the upcoming Cyber and Fraud Centre Scotland 'Exercise in a Box' workshops & are current looking at Cyber Essentials to improve our security.

We'll keep our followers and stakeholders updated on other steps we take!

Safer Internet calls for sustained research with children and young

Blog published by CORE on 6 Feb 2023

The annual Safer Internet Day (which took place on 7 February) highlights the importance of youth critical awareness of digital cultures online.

What about making the internet safer for children as well? One way to advance that political and platform logical change is to do research WITH children and young people on their digital cultures.

A participatory approach can raise participants' awareness of the phenomenon they are studying, in this case, the people's awareness of the internet as artificial construction.

What may follow is that young generations themselves will stand up to demand a more safer internet policy.

Children as agents of change

Young people, but not only, can be considered as agents of change in societies. Research in general should inform policy and more broadly society. And when it is conducted in a *sustainable manner*, it should enhance the usefulness of research in planning for the future. The [CO:RE Methods Toolkit](#) promotes sustainable research on children's digital cultures.

How do we understand sustainability in this case? The [United Nations Sustainable Development Goals](#) provide 17 goals as UN SDGs, considering for example human rights, inclusion, cohesion, participation and equality as the forms of social sustainability.

Read more [here](#).

Police and Cyber Scotland warning on Romance Fraud

Online dating has become a very popular way to meet someone new.

The majority of accounts on dating websites are genuine people looking for romance, but fraudsters have been known to target those looking for love.

Cyber criminals "meet" people on dating sites, then take the conversation onto private messaging, build up a picture of their victim, then take any opportunity to steal money from them. Criminals who commit romance fraud trawl through profiles and piece together information such as wealth and lifestyle, in order to manipulate their victims.

Read more, including advice on how to avoid being targeted, [here](#).



European Declaration on Digital Rights and Principles

The European Commission wants to ensure people are empowered to fully enjoy the opportunities that the digital decade brings.

So, it proposed a set of European digital rights and principles that reflect EU values and promote a sustainable, human-centric vision for the digital transformation.

The declaration was signed by the Presidents of the Commission, the European Parliament and the Council, reflecting the shared political commitment of the EU and its Member States to promote and implement the rights and principles in all areas of digital life.

You can read more about the Declaration on Digital Rights and Principles, download the declaration in multiple languages, and access a child friendly download version [here](#).

Engaging with evidence toolkit

This is a toolkit on how to utilise, synthesise, scrutinise, and engage with evidence and expertise for policy development.

This toolkit was created by Nesta in partnership with the [Capabilities in Academic Policy Engagement](#) (CAPE) programme and the Chief Scientific Adviser's (CSA) Office at the [Department for Levelling Up, Housing and Communities](#) (DLUHC).

It will help you to understand how to harness data, information, knowledge, and wisdom (aka evidence) to inform live problems, and understand what 'good' and 'better' evidence use means in policy practice.

It will support you to access diverse forms of expertise and engage with the UK scientific community to progress your goals.

It offers a range of interactive activities that you can use to determine what evidence and expertise is needed for what purposes - and the principles, processes, methodologies, and tools that can support this work.

Find out more and download the toolkit [here](#).

Scottish Police Authority Corporate

SCOTTISH POLICE
AUTHORITY

Strategy 2023-26 Consultation

The Scottish Police Authority's current Corporate Plan is due to expire in March 2023 - work is currently underway to prepare a renewed Corporate Strategy. This strategy, for 2023-26, centres on our outcomes and strategic priorities, setting the direction for the work of the Authority over the next three years.

The Scottish Police Authority are now keen to engage with members of the public to gain feedback on their draft strategy.

To provide your views, please read through the attached documents and then complete their short [survey](#).

Local Housing Consultation

A consultation on Glasgow's draft Local Housing Strategy for 2023 to 2028 has been launched by Glasgow City Council. The strategy is for everyone who lives in, wants to live in, and wants to invest in the city.

Have your say on the proposed vision, outcomes, targets, and key housing issues. [Download the strategy](#) to find out more and share your views in [this survey](#).

Help for Heating Extended

The Home Heating Support Fund provides help for people who are experiencing significant financial hardship. The fund has now been extended to the **31 March 2023**, or until funds have been exhausted. Advice Direct Scotland advisers can make an application to the fund on your or a patient's behalf. Contact 0808 800 9060 or visit www.advice.scot.

Consultation: Community Wealth Building

The Scottish Government has adopted the internationally recognised Community Wealth Building (CWB) approach to economic development as a key practical means by which progress can be made towards realising our wellbeing economy vision outlined in the [National Strategy for Economic Transformation \(NSET\)](#).

The Programme for Government 2021-22 confirmed plans to introduce legislation on CWB during this Parliamentary session. The legislation that the Scottish Government plans to introduce will accelerate the delivery of CWB across Scotland and address blockages identified by the areas and organisations leading the implementation of CWB.

The Scottish Government are currently running a consultation on Community Wealth Building and want to hear views from a wide range of stakeholders, including members of the public.

Find out more and take part [here](#).

Climate Crisis Corner



Planning for greener communities

Projects returning former industrial or derelict sites to community use will be more likely to be approved following the introduction of long term planning reforms.

Planning Minister Tom Arthur visited the £4.2 million Lochshore development at the former Glengarnock Steelworks in Ayrshire to see progress transforming a former heavy industry site into parkland for the benefit of local people and visitors.

Local authorities are encouraged to support proposals for development that will help restore green spaces under the fourth National Planning Framework (NPF4), as part of local development plans. The policy against which planning applications will be assessed for the

next decade came into effect on 13 February. Policies in the NPF4 will also:

- enable more renewable energy generation, outside National Parks and National Scenic Areas, to support the transition away from reliance on fossil fuels
- Regenerate city and town centres to help them adapt to economic change while restricting some out of town retail and drive through developments
- Support the delivery of good quality, affordable homes in neighbourhoods where people can easily access shops, schools and workplaces within a 20 minute walk or cycle

Read more [here](#).

Wellbeing and Sustainable Development (Scotland) Bill - Consultation

Scottish Labour MSP Sarah Boyack has launched a Consultation on her proposed Wellbeing and Sustainable Development Bill.

The Members Bill has three broad aims. They are to:

1. Place new definitions of sustainable development and wellbeing into legislation.
2. Establish a Wellbeing and Sustainable Development Commissioner.
3. Introduce new public definitions and strengthen existing duties.

The SCSN is a member of the Global Wellbeing Economy Alliance and strongly supports moves to a Wellbeing Economy that considers longer term outcomes and sustainability in all policy areas.

Find out more and take part in the consultation [here](#).

Earth is on track to exceed 1.5C warming in the next decade, study using AI finds

A new study has found that emission goals designed to achieve the world's most ambitious climate target – 1.5 degrees Celsius above pre-industrial levels – may in fact be required to avoid more extreme climate change of 2 degrees Celsius.

The study, published Jan. 30 in *Proceedings of the National Academy of Sciences*, provides new evidence that global warming is on track to reach 1.5 degrees Celsius (2.7 Fahrenheit) above pre-industrial averages in the early 2030s, regardless of how much greenhouse gas emissions rise or fall in the coming decade.

Read the full study [here](#).



Latest news from the Home Safety Scotland Forum

We're always on the lookout for new members to join our forum! If you work in or are interested in home safety, and would like to join or attend our forum, please contact Kevin Chase at kevin.chase@scsn.org.uk or email hss@scsn.org.uk

You can follow Home Safety Scotland on Twitter at [@HomeSafetyScot](https://twitter.com/HomeSafetyScot)

Home Safety Scotland Forum Meeting - 13 March 2023

After a period of flux following staff changes at the SCSN, and following the appointment of Kev Chase as new SCSN National Development Officer responsible for Home Safety Scotland, we're delighted to be holding the first of what will now be quarterly meetings of this forum on 13 March 2023.

If you'd like to attend this forum meeting, please contact Kev or Home Safety Scotland using the info above!

Last chance to bid for £3,000 from new Mark McCall Home Safety Fund

The new Mark McCall Home Safety Fund, which will provide one winning bid with £3,000 of funding for a project aimed at improving safety at home for kids under age 5, closes on 28 February.

If you're interested in applying, or know someone who would be, find out more & download the application form [here](#).

RoSPA Virtual Home Safety Conference 2023

Tuesday 28 February 2023

The last few years have seen major changes in the ways in which we live, work and use our homes. Many of us are now spending more time there than ever before as boundaries between home, work and leisure become merged. It remains true, however, that although the home for most of us is the most familiar and comfortable place, more people are injured in accidents in their own home than anywhere else. Challenges to the cost of living only adds further uncertainty to the mix as we seek to heat, light, cook and live more economically.

The RoSPA 2023 Home Safety Webinar will look at a range of activities aimed at better informing us on how we can reduce accidents and stay safe at home. What can we learn from the evaluation of a major home safety equipment scheme? Does it have lessons for how we protect our young families at home today? How is the cost-of-living crisis affecting our capacity to stay safe at home and what can we do about it? Will better data on home accidents from hospitals help us in the fight to reduce accidents and raise awareness? How safe are the products made for our homes and what is being done to make sure that they are as safe as possible?

This webinar will be of interest to anyone who is involved in work to help consumers, families and work colleagues live their lives free from serious accidental injury in the home.

Find out more & book your place [here](#).



Effectiveness of systematically delivered evidence-based home safety promotion to improve child home safety practices: a controlled before-and-after study

A recent research paper published in the British Medical Journal has found that systematic evidence-based home safety promotion for families with high levels of need improves some safety practices and total number of safety practices.

The intervention, called Stay One Step Ahead (SOSA), was delivered as part of the Small Steps Big Changes programme. SOSA was coproduced by parents, researchers and practitioners and was based on the NICE principles of behaviour change for individual-level interventions. It comprised home safety activities for families, a structured manual for use by family mentors and home safety checklists for health visitors to assess at different intervals during the study.

Among positive changes noted following the intervention were that:

- Significantly more intervention families stored household poisons out of reach at 24 months, had fire escape plans and either used fireguards or did not have fires at 12 and 24 months
- Post hoc analysis found that intervention families undertook more safety practices than control families at 12 and 24 months.

The study conclusion said funders should consider commissioning evidence-based multicomponent child home safety interventions. Funders should also consider commissioning safety equipment schemes alongside multicomponent interventions because the most effective home safety interventions are those that provide access to free or low-cost safety equipment in addition to educational approaches.

This is especially relevant for disadvantaged families who may struggle to prioritise purchasing equipment.

Read the full study [here](#).

Scottish Electrical Product Safety Conference

Wednesday 17 May 2023, Edinburgh International Conference Centre

Bringing you the first Scottish Electrical Product Safety Conference - join experts and leaders from across the industry to explore critical issues, solutions and insight in safer electrical products – from conception, through manufacture and production to sale.



Tailored to address issues for a Scottish audience, the ½ day event will cover:

- Improving product recalls and registration,
- Shopping safely online and;
- Achieving sustainability in the home.

Find out more and book your place [here](#).



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