

Safety NET-works March 2021

Cyber Resilience, Security & Crime Edition

www.safercommunitiesscotland.org







New Strategic Framework for a Cyber Resilient Scotland

This framework builds on Scotland's first cyber resilience strategy, Safe, secure and prosperous: a cyber resilience strategy for Scotland, expanding on its achievements and addressing ongoing – and new – challenges.

Four outcomes will underpin this vision, whilst defining the principles and enablers that will guide and maximise delivery. These are as follows:

- 1. People recognise the cyber risks and are well prepared to manage them;
- 2. Businesses and organisations recognise the cyber risks and are well prepared to manage them;
- 3. Digital public services are secure and cyber resilient;
- 4. National cyber incident response arrangements are effective

The outcomes within the Framework contribute to a number of national outcomes in Scotland's National Performance Framework (NPF).

Read the Framework in full here.

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New Cyber Security Partnership & Portal launched

Cyber Scotland Week 2021 ran from 22-28 February. Along with the launch of the new Strategic Framework for a Cyber Resilient Scotland, a new cyber security partnership and portal has been launched by Cyber Scotland.

The new partnership of 10 organisations have come together to develop and launch a brand new one stop online portal which aims to offer the widest range of information and resources possible on cyber issues – from general cyber resilience, through reacting to an attack, to building a career.

Visit the Portal <u>here</u>.

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SCSN Updates

A fond Farewell Hannah Dickson!



It is with deep sadness on one hand and hearty best wishes on the other, that SCSN bids farewell to Hannah Dickson after 8 years with us. Hannah has worked as National Development Officer and recently National Development Manager as our development team grew in 2020.

Hannah's contribution to both SCSN and the wider community safety landscape in Scotland over the years has been massive and she will be sorely missed.

Hannah will be taking up a new role with Community Justice Scotland, so we'll look forward to continuing to work with her and CJS on our shared goals!

We wish Hannah all the very best in her new job!

Best wishes to Shona Fleming!

SCSN is also sad to say goodbye to Shona Fleming as our Business Support Officer. Shona has moved on to pastures new after a brief spell with us. We wish Shona all the very best for the future!



NEWS

Annual Member Survey 2021 Results



We're pleased to have published the results of our Annual Member Survey for 2021. Our thanks to all those who took part. These results will help guide continued improvements in what we do!

You can read the results here.

Question of the Month

Our Question of the Month is moving on to Twitter this month. We'll still be posting the question on our website so don't worry if you don't use Twitter!

We will be asking a question in the coming days based on the theme of this month's newsletter - Cyber Resilience, Crime and Security and coming from our 'SCSN Conversations with...' interviewee Dr Shane Horgan.

Keep an eye out on our Twitter account @SCSN2 over the next few days and please share and take part!

Last Month's Results

Our Question of the Month for February was drawn from our LGBT History Month newsletter theme, and our recent research on people's experiences and perceptions of Community Safety.

We asked: 'As an LGBTQI+ person, how often do you feel completely safe to be yourself in public spaces?'

- 6.4% said 'Always' (3 votes)
- 36.2% said 'Mostly' (17 votes)
- 31.9% said 'Sometimes' (15 votes)
- 25.5% said 'Rarely or Never' (12 votes)

Total votes: 47





In conversation with...Dr Shane Horgan, Lecturer in Criminology, Edinburgh Napier University

In the latest instalment of our 'Conversations with...' interview series, we sat down with Dr Shane Horgan to discuss two pieces of research he has recently published on Cyber Crime. The first is a piece on the <u>re-territorialisation</u> <u>of cyber crime</u> post Covid-19 pandemic, the other looking at <u>cyber crime</u> <u>awareness</u> and responses from different sections of the public.



Watch the interview here.

Measuring What Matters: Evaluation in the Covid-19 pandemic



The Covid-19 pandemic has hit every part of society and the third sector has been no different.

Evaluation of projects has always been crucial, but in these times of even greater financial constraints and turbulence for people it is more important than ever to make sure that what we're doing is having an impact.

Late last year we ran a webinar alongside Evaluation Support Scotland to talk people through the 'Measuring What Matters Toolkit' that we developed together in 2019.

We're delighted to now be able to publish this short webinar video which we hope will help guide organisations in thinking about how to move beyond simply measuring numbers and measure real life impact that your work is having.

You can view the video here.

If you'd like to find out more about Measuring What Matters, visit our <u>website</u>.

Upcoming Events

What's next for PB in Scotland?

Tuesday 23 March, 10am-12pm

In September 2020 the <u>National PB Strategic</u> <u>Group</u> was formed to consider the role of PB in the Covid-19 recovery phase, how PB fits within broader reform of democracy and community empowerment, and what should happen next.

Join a group of practitioners, policy makers and members of the Strategic Group to hear about discussions so far and contribute your ideas.

Find out more and sign up here.

Alcohol Related Violence & Deprivation - SHAAP

Tuesday 30 March, 12.30pm-2pm

Dr Carly Lightowlers and Lucy Bryant discuss the findings of two complementary studies on alcohol-related violence and inequalities.

Find out more and sign up <u>here</u>.

Focus on Cyber Resilience & Security - looking back on Cyber Scotland Week



Exercise in a Box

Exercise in a Box can be best described as a tool that recreates real world business scenarios and tests your cyber resilience in each scenario.



It was developed by the National Cyber Security Centre and started its life as a self-use tool to help organisations test and practise their internal response to a plethora of cyber issues. It is, in essence, a box full of exercises based around real world scenarios with probing questions attached to each scenario. It allows your organisation to do them in your own time, in a safe environment, as many times as you want. It includes everything you need for setting up, planning, delivery, and post-exercise activity, all in one place.

The Scottish Business Resilience Centre have been tasked with promoting Exercise in a Box to Scottish companies by conducting practical workshops where they facilitate one of the scenarios.

You can register for an SBRC workshop on a wide range of possible scenarios <u>here</u>.

Braille Guide aims to keep people safe online

A new resource has been produced to help keep those with sight impairments safe online.

A new top tips guide produced for Cyber Scotland Week, 'Get Safe Online', has also been made available in braille via a linkup between GetSafeOnline, Sight Scotland and the Scottish Council for Voluntary Organisations.

The tips include choosing passwords safely, keeping operating systems updated and being aware of online fraud.

To request a copy of the guide in Braille, email

Kevin.Burns@sightscotland.org.uk

Download the 'Get Safe Online' flyer <u>here</u>.

Workshops are free and usually last 90 minutes.

Cyber Aware Campaign and new Cyber Action Plan

As part of the cross-government <u>Cyber Aware campaign</u>, which provides advice on how to stay secure online, the NCSC has created the <u>Cyber Action Plan</u> to help micro businesses and sole traders understand their online risk.

Micro businesses and sole traders are being invited to complete a short questionnaire that generates a personalised list of actions linked to the Cyber Aware behaviours that will offer free bespoke advice and include steps to secure their business. You can also sign up to the <u>NCSC's Small Organisation Newsletter</u> which aims to break down cyber related issues into bitesize pieces which can be read in your coffee break.

New Digital Strategy for Scotland launched



Scotland's new digital strategy, 'A Changing Nation: how Scotland will thrive in a digital world', has been published by Digital Scotland. The strategy was developed alongside COSLA, the Improvement Service and the Digital Office for Local Government. In a foreword, Ivan McKee MSP, Minister for Trade Innovation and Public Finance said the strategy sets out the measures which will ensure that Scotland will fulfil its potential in a constantly evolving digital world.

Last year, the Scottish Government and COSLA made a commitment to work together to deliver this refreshed Digital Strategy for Scotland, a shared vision of a modern, digital and collaborative government, designed around people.

It sets out a commitment to change the way we work to ensure services are designed to meet the needs of the user, to deliver economic recovery, to meet climate change targets and to ensure that everyone in Scotland has the skills, connectivity and devices required to fully participate in a digital nation - ensuring that nobody is left behind.

Download the Strategy here.

Police Scotland to use 'What 3 Words' location App

Police Scotland will begin using an application which will enable members of the public to share their exact location when contacting 999/101.

<u>What3words</u> is an existing mobile device application that grids the Earth into 3x3 metre squares by encoding GPS coordinates to give each square a unique set of three words. This can make it simpler for 999/101 callers to share their location, especially if they are in an unknown or rural area. This means that when someone contacts Police Scotland they have the option to use what3words to share their location. There may also be times when the area control room will send the caller the what3words URL via text message to find their location.

However, it is important to note that Police Scotland service advisors will always ask for a postal address as default when someone calls 999/101 – this will not change. What3words will be utilised as an additional location sharing tool and will not replace any existing systems.

Free Training Courses for Community Councils

The Improvement Service and the Open University (OU) in Scotland are working together to offer all community council volunteers the opportunity to upskill and reskill using OU courses.

Many CCs have fully embraced the digital journey during the pandemic and there are courses here to help you continue that journey such as using Microsoft Teams and succeeding in a digital world. In addition to digital skills there are also courses on a range of other topics that community councillors have suggested including finance, fundraising, community and business skills.

<u>These courses</u> are totally free - all community councillors have to do is register for a free account and then you can begin your learning journey with the OU.

Poverty - Latest news

In our recent <u>'Manifesto for Safer Communities'</u> for the Scottish Parliamentary elections this year, we identified poverty as one of the main areas where we'd like to see action taken. Poverty is one of the root causes of many of the issues we face in the Community Safety sector.



Budget 2021: Joseph Rowntree Foundation says budget will put another 500,000 people into poverty this year



They said that the Office of Budget Responsibility's latest forecasts show that unemployment is expected to increase by a further 500,000 people between now and the peak towards the end of the year. Despite that, the Government has chosen to cut the main rate of unemployment support to its lowest level since 1990.

The decision to abruptly end the uplift was criticised as 'remarkable' by the Institute for Fiscal Studies.

The JRF welcomed the decision to extend the furlough scheme until September but said that it was important that there was flexibility in the timings set out to unwind the scheme so that people can adapt to any changes in the roadmap ahead.

The JRF also criticised the lack of action on rent arrears with the decision to freeze the Local Housing Allowance in England and Wales from April.

Summarising what the Budget meant for poverty in the UK, the JRF said that the budget 'fell far short of what the country requires and of the values we share.'

UK facing food poverty crisis after one year of pandemic

A <u>new report</u> by the Food Foundation, released as part of the #EndChildFoodPoverty Campaign, has said that food poverty in the UK is at crisis levels and that a year of the Covid-19 pandemic has magnified the toxic legacy of austerity.

Food insecurity remains higher than pre-pandemic levels with an estimated 4.7 million adults (9% of households) affected over the last 6 months compared with 7.6% pre-pandemic.

It found that 55% of those experiencing food poverty said it was because they didn't have enough money for food, with 31% citing isolation.

People from deprived communities left out of community empowerment action

A Scottish Parliament Committee has criticised the implementation of the 2015 Community Empowerment (Scotland) Act saying that not enough has been done to empower people from deprived backgrounds to take action in their communities.

The report by the Local Government and Communities Committee reflected on the impact of two key areas of the act aimed at empowering communities: participation and asset transfer requests. They concluded there is clearly work to be done in raising awareness of both, particularly in disadvantaged areas.

Read this story in full in Holyrood Magazine.

Scotland's Road Safety Framework to 2030 published

SCSN welcomes the recent publication of the Road Safety Framework to 2030 by Transport Scotland. We were pleased to play a part in its development as members of the operational partnership and stakeholder groups.



Cycling Scotland

We welcome the continued focus on speed in the new Road Safety Framework to 2030. Looking forward, we believe there are clear opportunities to make continued links between the aims of road safety policy and active travel.

We also feel that it is important not just to make roads safer, but that people's feelings and perceptions of road safety should also be considered.

View the Road Safety Framework here.

Further £1.8million to make cycling easier

£1.79 million has been allocated from the Scottish Government active travel budget to support 173 organisations across Scotland.

Delivered through Cycling Scotland's Cycling Friendly programme – 148 employers, community groups, campuses and schools will benefit from funding of over £1,464,000. A further £234,622 was awarded to 13 registered social housing providers and £96,380 was awarded through the Cycling Friendly NHS Worker Fund to enable staff at eight health boards access bikes and support during lockdown.

Organisations will benefit from improved facilities such as new showers, new cycling parking, or providing bikes to employees who may not have access or maintenance equipment. It is estimated that more than 343,000 people can benefit from this support across the country.

Read more <u>here</u>.

New Road Safety Scotland Speeding campaign

Road Safety Scotland recently launched a new #DriveSmart <u>speeding campaign</u> targeted at drivers with the clear message - there's no excuse for speeding.

The campaign features a range of common 'excuses'

given by drivers who are caught speeding, and asks drivers to think about how they would feel if their careless driving killed someone, and consider how they would cope with the impact it would have on the victim's family, the paramedics on scene and those who witnessed it.

The campaign is also accompanied by a video which you can share on social media.



What works to prevent youth violence: evidence summary

<u>This report</u> draws together high-quality international evidence about what works to prevent youth violence, to inform policymakers and practitioners about the evidence base and effectiveness associated with different approaches and interventions.

Among some key findings were that school & education based approaches are effective in reducing violence, including both bullying prevention and social and emotional learning programmes - with deterrence and fear based approaches having no effect, or possibly causing harm.

Latest Scottish Crime & Justice Survey 2019/20: Crime almost halved in a decade

The volume of crime in Scotland, including incidents not reported to the police, has fallen by 46% since 2008/09.

Most adults did not experience crime in 2019/20. The proportion of adults experiencing crime has decreased from one-in-five to one-in-eight between 2008/09 and 2019/20.

Read the full report here.

New campaign to tackle violence against shop workers

Crimestoppers Scotland, in partnership with Scottish Government and The Scottish Grocers Federation, has launched a <u>new campaign</u> to help tackle the abuse of shop staff.

The campaign uses real life stories from shop workers across Scotland and highlights the trauma and abuse experienced by staff as a result of violence and aggression.

According to shopworkers union USDAW, 15 retail workers are assaulted on an average day in Scotland. In a given year, one in three shopworkers will be threatened, and three in five abused.

NHS Education for Scotland National Trauma Training Programme

In 2016 NHS Education for Scotland was asked by the Scottish Government to develop a set of resources to promote and implement trauma informed practice within Scotland. This was due to the growing recognition of the impact of traumatic experiences on people.

The Programme aims to develop a trauma informed and responsive nation and workforce.

You can find out more about the Programme and access free training resources <u>here</u>.

Police Scotland officers administer Naloxone for first time in pilot project

Police Scotland officers have administered Naloxone for the first time, within two hours of receiving training in the use of the spray to reverse an opioid-related drug overdose.

The constables, who are participating in a six-month test of change for the carriage and use of intra-nasal naloxone spray, responded to a call in Glasgow's East End last night (Tuesday, 9 March, 2021) and successfully administered the reversal agent, stabilised the man until Scottish Ambulance Service clinicians attended and took over emergency medical care. Read more <u>here</u>.



Neighbourhood Watch Updates





Cyber Security Basics Webinar Review

The Team at Neighbourhood Watch Scotland were delighted to recently host a Cyber Security Basics Webinar for Police Scotland as part of the Cyber Scotland Week.

"The event was a massive success with over 240 attendees from communities all over Scotland gaining valuable advice from the Cyber Prevention Team. Due to the level of interest on the day and positive feedback following the event we look forward to holding further similar events. These events will be shorter sessions concentrating on specific subjects" quote Willie Clark, National Co-ordinator, Neighbourhood Watch Scotland.

The Top Questions on the day related to

- 1. Passwords
- 2. Password Managers
- 3. Anti-virus/windows defender

The presentation from the event is available here.

The dates and times of the events will be promoted when finalised.

Remember you can report or forward phishing emails and texts to report@phishing.gov.uk or texts to 7726.

Neighbourhood Watch ALERTs Sign Up

Register for Neighbourhood Watch Scotland ALERTS and receive local alerts on a wide range of topics aimed at keeping you safe.

Sign up <u>here</u>.





Home Safety Scotland seeks new members

Home Safety Scotland is an open, inclusive, diverse, trusting and safe space for those working or with an interest in home safety in Scotland.

Meetings are in the style of a virtual forum for people to share best practice, exchange knowledge, learn and work collaboratively to advance practise and raise awareness. We're looking for new members to join our group! If you work in or are interested in home safety and would like to join our forum - please contact josh.box@scsn.org.uk.

Follow Home Safety Scotland on Twitter: @HomeSafetyScot

Home Safety Scotland meeting updates

The next meeting of the Home Safety Scotland forum will take place on **30th March at 1pm**. The theme of the next meeting will be DIY in the home. We welcome new forum members or participants, as well as anyone who would like to present on this topic to join our meeting.



Contact josh.box@scsn.org.uk if you'd like to present or to attend.

Electrical Safety First Manifesto for Scottish Parliament Elections 2021 -A manifesto for Scotland's homes



A <u>manifesto</u> to help reduce the number one cause of fires in Scottish homes has just been launched – ahead of the Scottish Parliament election in May - by leading consumer protection charity, Electrical Safety First.

Electricity causes nearly three quarters of all house fires in Scotland each year. In 2019 alone, it cost the Scottish economy an estimated £35 million. The personal cost is, however, incalculable and, not surprisingly, older and vulnerable people are most at risk.

The Charity's manifesto contains five key asks of the next Scottish Government and elected MSPs, to protect people and property from electrical risk. Central to these is a call for an integrated approach - a cross-government plan for electrical safety. In this way, intelligence can be shared and the evidence base improved, to ensure better targeting of resources, particularly for the most vulnerable.

Read the press release on our website in full here.

In other news....



Marginalised Rural Communities Report

New <u>national research</u> has shown that 93% of people living in marginalised rural communities in Scotland believe the Covid-19 pandemic has had an impact on their mental health and wellbeing.

The report commissioned by Support in Mind Scotland (SiMS) and the National Rural Mental Health Forum focused specifically on LGBT+ people, young carers and refugees and asylum seekers. Among the key issues it highlights are the loss of face-to-face contact and lack of access to local support.

Long-standing rural challenges such as digital connectivity, transport and isolation have also worsened during the pandemic.

Social Action During the Coronavirus Panemic -Report

In May 2020 a partnership of expert organisations published a document to outline their intention to better understand and research the role of social action. This work was delayed by the Covid pandemic.

However, with the growing number of examples of individuals and groups participating in social action efforts to support their communities during these unprecedented times, partners identified the pandemic as an opportunity to learn about informal social action in response to a crisis.

<u>This report</u> brings together learning from across Scotland through survey research, interviews, citizen journalism and creative outputs. The findings, approaches and recommendations emerging from this report will inform the wider Social Action Inquiry.





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