

Safety NET-works

November 2022

Violence Against Women & Girls Edition

www.safercommunitiesscotland.org

16 Days of Activism Spotlight Workshop: Community Safety & Violence Against Women & Girls (VAWG)

1997-2022



Thursday 1st December, 10am-12pm Online (MS Teams)

Tackling Violence Against Women and Girls in Scotland 25th November - 10th December

The SCSN is delighted to team up with the Improvement Service for this online workshop, which will bring together stakeholders from across relevant organisations and local authorities for a deep dive discussion on the links between violence against women and girls (VAWG) and community safety.

Evidence shows that women and girls experience more barriers than men when using the places around them, and are more likely to feel unsafe due to the risk of experiencing violence and harassment.

The topic of VAWG and Community Safety has been identified as a key issue to 'spotlight' during this year's 16 Days of Activism campaign by the National Violence against Women Network. This workshop will explore how stakeholders can work to embed women and girls' experiences and risk of VAWG into community safety policy and practice at a local and national level.

You can find out more about the event and sign up to attend at: <u>https://www.safercommunitiesscotland.org/16-</u> <u>days-spotlight-workshop-community-safety-and-vawg/</u>

View the 16 Days of Activism Toolkit page here.

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16 Days of Activism on Violence Against Women & Girls

25th November - 10th December

The 16 Days of Activism against Gender-Based Violence is an annual international campaign that kicks off on 25 November, the International Day for the Elimination of Violence against Women, and runs until 10 December, Human Rights Day. It was started by activists at the inaugural Women's Global Leadership Institute in 1991 and continues to be coordinated each year by the Center for Women's Global Leadership. It is used as an organizing strategy by individuals and organizations around the world to call for the prevention and elimination of violence against women and girls.

The global theme for this year's 16 Days of Activism against Gender-Based Violence, which will run from 25 November to 10 December 2022, is "UNITE! Activism to end violence against women and girls".

You can read the United Nations concept note <u>here</u>.

Home Safety Scotland Latest News & Updates -Pages 10 & 11



SCSN Updates



The SCSN welcomes Kevin Chase as new National Development Officer

We are delighted to welcome Kevin Chase to the SCSN. Kevin started work at the end of October, joining Dave Shea and



Dawn Exley in our National Development team.

Kevin is a recently retired police officer with several years' experience working closely with partners across the Community Planning Partnerships. In his spare time, he is a qualified SFA coach and has been coaching children and young people for ten years.

Kevin will take on the role of leading the Home Safety Scotland Forum. He has already been busy writing a blog with his early thoughts which you can read on page 3!

Beyond Borders: All Island Community Safety Conference Dave Shea, Senior National Development Officer

One of SCSN's long-term development goals is to become a centre for excellence, domestically and *internationally*, for community safety; to share what we know, and learn from others. We've already made good links with counterparts in England, Wales and Norway, and made representations at a European conference earlier this year.

In November, SCSN attended Ireland's inaugural Beyond Borders: All Island Community Safety Conference. It was a historic first for Northern Ireland and the Republic of Ireland; co-created, cofacilitated in partnership with agencies north and south.

Read the blog post in full here.

Question of the Month

Our Question of the Month for October was themed around the Scottish Society for the Prevention of Cruelty to Animals #FireworkSafety campaign, of which we are proud members.

In the lead up to bonfire night, we asked:

'Does your pet show signs of distress when fireworks are going off?'

- 79% said Yes (15 votes)
- 16% said No (3 votes)
- 5% said Not Sure (1 vote)

Check out our Podcast episode with SSPCA on our Safer Communities Scotland Podcast <u>here</u>.

Question of the Month November 2022

Our Question of the Month for November is related to this month's Violence Against Women and Girls and 16 Days of Activism theme.

We're asking:

"Would you know how to spot that yourself or someone you knew was a victim of tech abuse?"

Take part in our poll <u>here</u>.



Safer Communities Wales Podcasts: VAWG

This month we're showcasing the Podcast of our colleagues at Safer Communities Wales!

They've published a couple of Podcast episodes on Violence Against Women and Girls well worth a listen!

Check them out on the links below!

ACT Now! The dangers of violent misogyny and radicalisation.

Women and Justice – Providing a holistic approach to women entering the criminal justice system in Wales

Peer Consultation: LGBT Young People's Experiences of relationships & domestic abuse

Voices Unheard is an LGBT Youth Scotland youth participation project which brings together LGBT young people from across Scotland to raise awareness of LGBT young people's experiences of domestic abuse and unhealthy relationships.

Are you an LGBT young person aged 13-25, living in Scotland?

Then LGBTYS wants to hear from you!

Find out more, share or take part in the survey here.

Reported Road Casualties Scotland 2021

Finalised statistics for 2021 confirms that the number of people killed in reported road collisions in Scotland has decreased from 2020, from 141 to 140.

There were a total of 5,103 road casualties reported in 2021. This is 47 or 1% higher than 2020. Of the 5,103 road casualties, 1,615 people were seriously injured and 3,348 people were slightly injured.

View the full report <u>here</u>.

Supporting collaboration between the third and public sectors: evidence review

This <u>report</u> presents findings of research conducted by Scottish Government researchers to better understand current barriers to effective collaboration between third sector organisations and the public sector – particularly focusing on relationships between the third sector, local government and national government.

This research project was guided by the Scottish Council for Voluntary Organisations (SCVO), Third Sector Interface Network (TSI Network), The Convention of Scottish Local Authorities (COSLA) and the Scottish Government to strengthen collaboration between the voluntary sector and national and local government.



MONTHLY REFLECTIONS SCSN CHIEF OFFICER

I'm always impressed by Corporate Rebels. Their <u>most recent piece</u> gives an inspiring account of what's possible, with great examples of how some employers are responding to rising inflation.

In it, it talks about putting people first – we get that at SCSN, as we've <u>written about</u> before. Everyone now knows about our 4 day week! But it's not all we do here to work differently...

No timesheets, no clocking in and out, no insistence of being at desks – none of that.

We are a small team and you know most of us

New Strategic Plan for Scottish Fire and Rescue Service Published



The Scottish Fire and Rescue Service (SFRS) has revealed its plan to help keep Scotland's communities safe.

The <u>Strategic Plan 2022-2025</u> sets out the Service's strategic intentions for the next three years, and details seven objectives to achieve them. SFRS Director of Strategic Planning, Performance and Communications, Mark

Partnership approach to tackling fire -raising incidents in West Dunbartonshire

Police Scotland has established a partnership with other agencies in West Dunbartonshire following community concerns over a number of fire-raising incidents.

The partnership first met in June 2022 and involves Police Scotland, Scottish Fire and Rescue Service and West Dunbartonshire Council. so it's difficult to talk about some of our approaches without breaching people's privacy but each one of us is different, with different likes and dislikes and styles of working. So we are flexible and understanding. The work gets done.

We've made a cost of living payment to staff already – I've no way of knowing what our funding will be next year and what our budget might looks like so our fabulous board of directors approved a cash in pocket move that's made things a bit easier for some of us.

Read Lorraine's blog in full on our website.

McAteer, led its development.

He said: "Our plan sets out what we want to achieve as a Service by 2025, identifying attainable goals within this timeframe as we continue to recover from the impact of COVID.

"This is the first plan that aligns with the SFRS Long-Term Vision and is the next step in realising our ambitions to be a progressive organisation, centred around people's needs, inclusive of all and better connected to communities.

Its aims are to engage with the local community and deliver educational inputs to provide crime prevention advice and highlight the dangers and consequences of fire-raising.

Between April and September 2022, there were 30 reports of wilful fire-raising within West Dunbartonshire, with 5 cases resulting in culprits being identified. This was a reduction from 44 incidents over the same period in 2021 with 11 individuals identified.

Read more <u>here</u>.

Marches and Parades Working Group Report Published

Recommendations to improve how marches and parades are planned and organised across Scotland have been published.

The Short Life Working Group on Processions in Scotland was set up following a pledge by the First Minister last year to consider if an approach similar to that taken in Northern Ireland should be adopted here. The report aims to strike a balance between protecting the rights of those who seek to march or protest and those in communities affected by such events.

The independent working group of experts recommends that a national parades' commission is not necessary in the context in Scotland, as improvements could be best handled by local partners.

A further 17 recommendations put forward by the working group include:

 Improving the notification process around marches – ensuring relevant information is available for communities

New study sheds light on causes of complex PTSD in Police officers

Following Police Care UK funded research <u>The</u> <u>Job, The Life</u> (2018), the same team of researchers have analysed survey data provided by 12,248 serving police officers to determine the working conditions and on-thejob situations with the strongest links to Complex PTSD.

Complex PTSD often leads to 'burnout' and substance abuse. In fact, 90% of police workers in our original survey study had experienced trauma, and one in five of these reported symptoms of either PTSD or C-PTSD.

This nationwide survey suggests rates of trauma-induced disorder Complex PTSD are exacerbated by factors, such as too little time and support, and lack of say over working hours.

Read more <u>here</u>.

- Improving the facilitation and regulation of processions by making sure people's human rights continue to be upheld
- Reducing the need for public order policing

Key partners, including the Scottish Government, the City of Edinburgh Council, Glasgow City Council, Police Scotland, COSLA and human rights experts will now come together to consider the report recommendations and agree the best way forward.

Commenting on the launch of the report, SCSN Chief Officer Lorraine Gillies said,

"The SCSN was pleased to have participated in the Marches & Parades Working Group and welcomes this new report.

We believe the recommendations will support safer communities & enhance work already progressing across Scotland.

We're happy to see this work continuing and we will continue to be involved.

Read the full report at: <u>https://www.gov.scot/</u> publications/report-short-life-working-groupfacilitating-peaceful-assemblies-scotland/

Event: Community Conversation for

the Gypsy/Traveller community

29 November

A chance to chat about the Action Plan to support the community and issues affecting you with Minister for Equalities - Christina McKelvie MSP and COSLA's Community Wellbeing Spokesperson - Cllr Chalmers.

Take Part in fun and interactive workshops on Discrimination, Planning, Health, Education, Accommodation and more!

Surprise visit to a fun Edinburgh attraction All Travel, Food, Refreshments Provided

Sign up by completing this form <u>here</u> or by just letting someone like your support worker or organisation know, or call 07497203972. Travel can be arranged for you.

FOCUS ON VIOLENCE AGAINST WOMEN & GIRLS (VAWG)



Preventing domestic homicides

A multi-agency taskforce will develop a new approach to helping prevent homicides in Scotland where domestic abuse is suspected.

Partners including COSLA, Police Scotland, social work, Scottish Women's Aid, the SCSN Health Boards and victims' representatives will work together to create Scotland's first domestic homicide review system.

The taskforce will examine approaches in other jurisdictions, elsewhere in the UK and internationally, to help develop a Scotlandspecific system which learns from the circumstances around domestic abuse-related homicides in Scotland. Standard legislation by campaigners - which has made ongoing controlling and coercive behaviour in a relationship a criminal offence Dr Marsha Scott, Chief Executive of Scottish Women's Aid, said: "We have long called for

This will help agencies and organisations better identify and respond effectively to the risks associated with abuse and ultimately prevent further deaths.

Engender Scotland Report: Women & the Cost of Living

Engender has released a report setting out how the deepening cost of living crisis will have a devastating impact both on different groups of women in Scotland, and on women's equality as a whole.

Covering issues including fuel costs, unpaid care, housing, women's safety, mental health and social security, the report details how marginalised women will be disproportionately affected by this latest cost of living crisis. We make recommendations for immediate action to ensure that Scottish Government policy and budgetary responses to the cost of living do not risk entrenching gender inequality even more deeply in Scotland.

Homicide figures for 2021-22, published last month, showed a record low homicide rate, but also narrated that the number of female victims rose from 10 to 16, with more than half (56%) of those killed by a partner or ex-partner.

The new domestic homicide review system will further deliver on Scottish Government commitments to eradicate violence against women and girls. It follows the passage and implementation of the Domestic Abuse (Scotland) Act 2018 - heralded as goldstandard legislation by campaigners - which has made ongoing controlling and coercive behaviour in a relationship a criminal offence.

Dr Marsha Scott, Chief Executive of Scottish Women's Aid, said: "We have long called for a domestic abuse killings review model in Scotland that makes the deaths and murders of women and children visible, and we welcome the Scottish Government moving in this direction today.

Refuge Guidance for Women on Tech Abuse

Tech abuse is real. Abusers may use technology to control, harass or intimidate you. They may carry out physical, sexual, psychological, or economic abuse using technology.

For example, they may hack your phone, cyberstalk you, or use social media, cameras, or other kinds of technology to try to harm or control you or your children.

Refuge Charity have produced an excellent online resource of guidance, including an interactive Home Tech Tool to help women spot the signs that they are experiencing tech abuse - and how to keep themselves safe.

Visit their website for more information.

Read more & download the report <u>here</u>.

Commercial Sexual Exploitation: an introductory session

A recent report commissioned by the Scottish

<u>Government</u> highlighted that women who sell or exchange sex sought support for an average of seven different needs, including mental health, housing and addictions. It has also identified key barriers to women's engagement with services such as fear of judgement and stigma, as well as lack of understanding of issues accompanying involvement in the sex industry.

To support learning about commercial sexual exploitation (CSE) and the needs of women involved in selling or exchanging sex, CSE Aware is organising a free introductory online session for frontline workers and support organisations.

Find out more and book your place here.

Working definition of trauma informed practice

Trauma-informed approaches have become increasingly cited in policy and adopted in practice as a means for reducing the negative impact of trauma experiences and supporting mental and physical health outcomes. They build on evidence developed over several decades. However, there has been a lack of consensus within the health and social care sector on how trauma-informed practice is defined, what its key principles are and how it can be built into services and systems.

<u>This document</u> seeks to address this gap by providing a working definition of traumainformed practice for practitioners working in the health and care sector.

Transgender Day of Remembrance - 20 November

Trans Awareness Week ran from the 14-20 November. During the week we used social media to highlight a number of transgender experiences of community safety in Scotland and beyond - including rising hate crime, rising murder rates globally, higher rates of domestic and sexualised violence and stark health inequalities faced by transgender people. 9 in 10 of the 375 transgender people murdered around the world in 2021 were trans women.

Trauma-informed support and women who sell or exchange sex in Scotland

Women who sell or exchange sex often carry multiple and intertwined traumatic experiences. The high prevalence of trauma in this population evidences the need for support services that understand how trauma can play out and continue to be re-lived when women have been involved in the sex trade.

However, the experiences of women reveal that the implementation and accessibility of trauma-informed support is complex and continues to face barriers.

Find out more and book your place <u>here</u>.

Scottish Government Human Trafficking Review: Survey

The Scottish Government has launched the next statutory review of the Trafficking and Exploitation Strategy.

As part of this review they're conducting a survey of the general public to find out whether the public are aware of human trafficking as an issue, or how to spot the signs someone has been trafficked.

They've also published a useful guide on how to spot signs of human trafficking.

Take the public survey <u>here</u>.



Scottish Prison Population 2021-22 Statistics Published

Justice system responses to Covid related public health measures continued to impact the Scottish prison population in 2021-22 according to statistics published by the Chief Statistician.

Overall prison population levels rose by just 1% on 2020-21 figures, remaining stable at just over 7,500 in 2021-22. However the balance between the sentenced and remand populations continued to shift.

The average daily remand population increased by around 14% in 2021-22 (from 1,634 in 2020-21 to 1,862), while the average daily sentenced population remained broadly stable (-1% from 5,658 to 5,597). These changes mean that a greater proportion of the prison population was held on remand than in previous years. On the average day in 2021-22, around 25% of the prison population were held on remand – the largest proportion on remand on record.

Growth in the average daily remand population between 2020-21 and 2021-22 only occurred in three of the index (alleged) offence groups – Group 1 'Violence' +9% to 989, Group 2 'Sexual crimes' +23% to 209, and Group 5 'Crimes against society' +34% to 386. Around 60% of the average daily remand population in 2021-22 were accused of index Group 1 'Violence' and 2 'Sexual crimes' offences. A further 21% were accused of Group 5 'Crimes against society' offences.

Time spent on remand continued to increase in 2021-22. For those departing custody from remand, the median duration remained the same as 2020-21 (22 days in both years). However, while in 2020-21 90% of remand departures had occurred with 109 days, in 2021-22 this had risen to 139 days. This continues an observed sharp increase from 2017-18, when 90% of remand departures occurred within 63 days.

Read more & view the full statistics publication <u>here</u>.

Deaths of racialised people in prison 2015 – 2022: Challenging racism and discrimination

Despite decades of activism from bereaved people and their supporters, too often the deaths of racialised people in prison have been dismissed, and the role of racism has been overlooked and ignored.

INQUEST's new report, <u>Deaths of racialised</u> <u>people in prison 2015 – 2022: Challenging</u> <u>racism and discrimination</u>, makes a powerful intervention as it uncovers new data and tells the stories of 22 racialised people and how they died preventable and premature deaths in prison.

The report specifically looks at the deaths of Black and mixed-race people; Asian and mixed-race people; Middle Eastern and mixedrace people; people of Eastern European nationality; White Irish people and White Gypsy or Irish Traveller people.

Read more <u>here</u>.

Prison population: substance use and wider support needs

This <u>study into substance use</u> is one of four recently published studies on the health needs of Scotland's prison population.

The others are:

- prison population: mental health needs (2022)
- prison population: physical health needs (2022)
- prison population: social care needs (2021)

Substance use has long been a concern for the health and wellbeing of people living in Scotland's prisons, and the wider criminal justice system and remains a prominent challenge. Research indicates that individuals in prisons are more likely to have a substance use problem than to not have one.

Treatment and support services for those who experience problems with substances whilst living in prison should be provided consistently across all prisons and on an equivalent basis to community-based services.



What cyclists need to know about being environmentally responsible while cycling in Scotland



Scotland is one of the most beautiful cycling destinations in the world. From the testing terrains in the Highlands to the breath-taking views on its surrounding islands, there is so much to explore all across this cycling mecca.

Though cycling is already an environmentallyfriendly hobby, there are certain things that you need to consider to ensure you're being as kind to the planet as possible when out on two wheels.

In this post, we explore what's being done in Scotland to make it easier to get out and about on a bike, and suggest ways you can make this green hobby even better for the planet. Whether you're <u>getting out on the</u> <u>roads</u>, or exploring more remote parts of the country, read on to find out how you can be a responsible cyclist in Scotland.

Cycling is being made more accessible

We all know that cycling is far better for the environment than many other transport options. However, there are some barriers to cycling that can prevent people from making the switch. Fortunately, investment in this area is making it easier for people to be environmentally responsible in their everyday lives by taking up cycling.

Read this guest blog in full here.

Cycling Framework for Active Travel: Consultation

The Cycling Framework for Active Travel sets out our strategic priorities and shared actions to maximise cycling's contribution in realising the Scottish Government's long term <u>Vision</u> for Active Travel in Scotland: That Scotland's communities are shaped around people, with walking and cycling the most popular choice for everyday short journeys.

The actions in the delivery plan will support the building and maintenance of a dense network of connected cycling infrastructure in every village, town and city.

Read more & take part in the consultation <u>here</u>.

Place Standard Tool with a climate lens: cocreating local climate solutions

The Place Standard Tool 2.0 with a climate lens is a joint-led project by <u>Sniffer</u> and <u>Sustainable</u> <u>Scotland Network</u>, together with and funded by Public Health Scotland & Scottish Government.

It aims to support integrating climate action into placemaking. It builds on the widely used <u>Place</u> <u>Standard Tool (PST)</u>, designed for considering a joined up, collaborative, and participative approach within a place.

The new Place Standard tool with the climate lens (PST CL) is intended for use at any time people want to discuss the future of a place, and for considering how global trends will play out in a local area. Find out more <u>here</u>.



Latest news from the Home Safety Scotland Forum

We're always on the lookout for new members to join our forum! If you work in or are interested in home safety, and would like to join or attend our forum, please contact Kevin Chase at <u>kevin.chase@scsn.org.uk</u>.

You can follow Home Safety Scotland on Twitter at @HomeSafetyScot

A new role, a new chapter - by Kevin Chase, SCSN's new National Development Officer

A new role a new chapter. A fresh start. After a career in policing, why have I taken on a fantastic opportunity with the Scottish Community Safety Network especially the Home Safety Scotland portfolio?

I could list several reasons however I will focus on four. Firstly, it is critical with the numbers of people who tragically lose their lives through accidents in their homes account for nearly half of all accidents in Scotland (Bridging the Gap Injury Surveillance Data 2021). RoSPA also report that over 1,000 people are receiving treatment in hospital on a daily basis for injuries that occurred in their home. 1,000 injuries! These figures also do not include other factors, for example treatment outside of hospital. Taking into account an aging population, cost of living crisis – we may reasonably ask 'Are these figures likely to increase?'

Secondly, I passionately believe in partnership working to tackle community issues. Working in silos has always left me puzzled. Why only bring one opinion to the table when several different viewpoints can lead to a more holistic approach to tackle issues within communities.

Thirdly, in an operational setting I experienced the impact of slips, trips and falls in homes with calls to the Police to help and thereafter the Scottish Ambulance Service to triage.

Finally, I love a challenge...

I have been in post for a week. A week which started with several questions, has led to further questions. The answers? They will be found through research and networking. Yes, networking. Starting from scratch, building relationships and asking, one of my favourite expressions, "the daft silly laddie question".

My other favourite expression is "if not, why not?" Why do some Local Authority areas record higher injuries in homes than others? Why can't injury surveillance data be recorded accurately to provide exact details for injuries in homes across the whole of Scotland? Especially if treatment is not required at hospital and are triaged by Scottish Ambulance Service? If not, why not? Can academic research be completed to understand what works and what does not to reduce injuries in our homes? If not why not?

Read Kev's blog in full on our website <u>here</u>.

Electrical Fire Safety Week - warnings on electric heaters



Electrical Fire Safety Week took place between 14-20 November. Our members Electrical Safety First ran a timely campaign encouraging people to be safe when using electric heaters, with millions being driven to using them in order to save money during the energy and cost of living crises this winter.

Home Safety Scotland and our hosts SCSN were pleased to support the campaign on social media. You can find out more about the campaign, and how to be safe using electric heaters, on the Electrical Safety Scotland website <u>here</u>.

SGN Gas: Be Winter Ready

Our partners/members SGN Gas provide some excellent resources and advice on their website about how to prepare for winter and stay safe and warm.

- Keep an eye on the forecast and watch out for weather warnings from the <u>Met</u> <u>Office</u>.
- If cold weather comes, follow <u>NHS</u> <u>advice</u> to wear layers to keep warm and regularly have hot drinks. Try to check on your neighbours, especially if they could be particularly vulnerable in cold weather.
- Save the free emergency numbers to your phone call 0800 111 999 in a gas emergency or call 105 in a power cut.
- <u>Find out about the Priority Services</u> <u>Register</u>. This is a free service that helps us identify customers who need priority support, and will make sure you receive extra help if you're without your gas supply. Make sure you get your gas boiler and appliances serviced annually by a <u>Gas</u> <u>Safe</u> registered engineer.
- Fit a carbon monoxide alarm regularly test it and check its expiry date.

For more tips, download their winter leaflet.

Mark McCall Home Safety Fund update

The SCSN & other Home Safety Scotland Forum members continue to work toward the launch of this fund in January 2023.

We'll have more news on the criteria for applications, application deadline and dates for the announcement of successful applicants and project spend in our December newsletter!

You can keep updated on the Fund landing page <u>here</u>.



Carbon Monoxide Awareness Week



21-25 November

Carbon Monoxide Awareness Week took place between November 21-25.

Carbon monoxide is a deadly gas that cannot be detected by human senses. Basic household appliances such as cookers, boilers, stoves and fireplaces can all produce carbon monoxide. Luckily, there are some simple steps you can take to stay safe, and help is at hand - if you suspect carbon monoxide, call 0800 111 999.

Due to increases in energy prices and the cost-of-living crisis, households are desperate to keep costs down. But cutting corners costs lives, and it is important not to place you and your household at risk when it comes to keeping warm.

New rules have came into force this year across the UK on Carbon Monoxide alarms.

You can find out more about the new rules at: <u>www.coalarmssavelives.com/the-newrules</u>

Scottish Health Survey 2021 results published

The latest Scottish Health Survey has just been published.

Among the headline stats were that the proportion of adults reporting having had an accident remained unchanged at 10%. The average mental wellbeing of adults declined significantly.

Read the report in full <u>here</u>.

Share your news with us!



If you would like to submit an article, request information or share good practice in our newsletter, please get in touch! Email info@scsn.org.uk



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