



SAFETY NET-WORKS

MAY 2023

HOME SAFETY EDITION

www.safercommunitiesScotland.org



Become a RoSPA Fall Fighter!

By Liz Lumsden, RoSPA Scotland

Our strategic vision at RoSPA is for everyone to have a "life, free from serious accidental injury." Our number one priority is falls with a key focus on falls prevention. There are some concerning statistics which led to RoSPA to focus on falls.

In 2019 the World Health Organization estimated 684,000 deaths globally as a result of falls. Falls are the single biggest cause of accidental injuries in the home, and sadly the largest cause of accidental death among over-65s in the UK. In 2018, there were 66,000 hip fractures as a result of falls and falls accounted for 80% of hospital admissions due to accidents for the over 65 years of age category. With these figures and our ageing population it is clear that falls prevention needs to be a key focus moving forward not only to reduce the costs of medical treatment but to prevent our loved ones from becoming another falls statistic. So what is RoSPA doing to prevent falls?

We have introduced a programme called Fall Fighter to recruit as many people as possible within our communities to learn about falls and how to prevent them. We have free-to-attend awareness session to educate and inspire others in their community.

Continue reading on page 6.

Annual Member & Stakeholder Survey



Each year we canvas your views and opinions via a Member & Stakeholder Survey.

The Survey is open to our Members, Partners and Stakeholders and helps us to assess how well we are achieving our outcomes; and if our work and support continues to be perceived as valuable.

The Member & Stakeholder Survey is critical to inform our efforts towards continuous improvement.

This year, we're providing a small incentive! Everyone who completes and submits a survey response will be entered into a prize draw!

You can complete the survey [here](#).

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SCSN joins Hope Collective and signs up to National Trauma Training Pledge

SCSN is delighted to have joined the Hope Collective! The Hope Collective is a powerful partnership of cross-sector organisations with aligned values and a shared vision; to work together in a spirit of unity to create real change for young people and communities across the UK.

You can find out more on their website [here](#).

National Trauma Training Pledge

We're delighted to announce that we have officially signed up to the NHS Education for Scotland National Trauma Training Programme Pledge.

We're committed to a trauma informed society, workforce and workplace.

You can read about our commitments and the work we're doing to further these goals on the NHS Education for Scotland Trauma Training Programme Pledge website [here](#).



New Case Study Published: Operation Respect

We're pleased to publish our latest Case Study/Practice Exemplar, looking at the work of Operation Respect by the Inverness Community Safety Partnership.

Inverness CSP have run the multi-agency, Operation Respect (OR) over the Winter festive period, since 2008.

It is an operation that has developed over time and has achieved great success.

You can download the Case Study from our website [here](#).

Question of the Month

Results for April

Our Question of the Month for April related to our 'Place' and Rural themed newsletter.

We asked:

"Do you feel that there are enough amenities and play parks for children and young people where you live?"

- 40% said Yes (4 votes)
- 60% said No (6 votes)
- 0% said Not Sure (0 votes)

Question of the Month

May 2023

Our Question of the Month for May comes from our Safer Communities Scotland Podcast Interviewee Dr Vikki McCall, who has been heavily involved in research & making recommendations around home adaptations.

We're asking:

Do you think we should be integrating inclusive design into our homes and environments more systematically?

Take part in our poll [here](#).

Safer Communities Scotland Podcast:

Dr Vikki McCall, University of Stirling



Our latest Safer Communities Scotland Podcast episode saw us sit down for a chat with Dr Vikki McCall of the University of Stirling, to discuss her work and some of the latest research on inclusive home adaptations.

Kevin Chase, our National Development Officer and Home Safety Scotland Lead, joined the Podcast to lead the discussion with Vikki on how we can best design homes and other spaces to be inclusive, acceptable and safe for children, older and disabled people.

You can listen via our Podcast [here](#).

Listen on Youtube [here](#).

Safer Communities Scotland Podcast Bonus Episode! Wisdom of Trauma Panel Discussion

On 29th March 2023, the SCSN held a film screening of the documentary movie 'The Wisdom of Trauma: with Dr Gabor Mate'.

Following the screening of the film, we held a panel discussion with expert panellists - Aidan Martin, author of Euphoric Recall and CEO of The Scheme Livi; James Docherty of the Violence Reduction Unit and Katy MacCleod of the Scottish Drugs Forum.

We're pleased to bring you this panel discussion as a Podcast!

N.B. This podcast was recorded live using the best available equipment. Sound quality may vary at times.

Listen on our Podcast [here](#).

Listen on Youtube [here](#).



In case you missed it! Podcast with Aidan Martin on a Trauma Informed Society

Our 'Wisdom of Trauma: with Dr Gabor Mate' film screening took place around the publication of our 'Trauma Informed Society' themed newsletter - for which we published a full Podcast with guest panellist at the event, author and CEO of The Scheme Livi - Aidan Martin.

If you missed it the first time, you can listen to our Podcast with Aidan via our [Anchor/Spotify Podcast](#) or via [YouTube](#).

Understanding Children's Human Rights: A Guide for Public Services in Scotland

Many children in Scotland already lead safe, happy lives and feel listened to and respected. However, some children in Scotland do not share the same experience.

For example, children living in poverty, children in conflict with the law, children in care and children with additional support needs often cannot access the services they need, are not treated with dignity and often have no say in the decisions that affect their lives. All children are entitled to lead lives in which they are safe, nurtured and can develop in an environment of happiness, love and understanding.

In Scotland, many public bodies and other organisations are working in a way which places dignity and voice at the heart of what they do – this embodies a child rights-based approach to policy and practice.

This resource is aimed at those working in public bodies in Scotland, including local authorities and health boards, who are



interested in learning more about children's rights and the United Nations Convention on the Rights of the Child.

It has been developed as an introduction to children's human rights to allow you to learn about the United Nations Convention on the Rights of the Child. It tells you more about what is happening in Scotland to protect children's rights and what responsibilities public bodies will have as a result of the changes that are happening.

Find out more and download the Guide [here](#).

The Guide is also available on the SCSN website [here](#).

Participatory Research and Community Safety

[Generations Working Together](#) (GWT) a Scottish charity who work to bring young and older people together are preparing work on new ground-breaking participatory research.

Funded by [UK Research and Innovation](#) and delivered by [The Young Foundation](#), the Community Knowledge Fund supports grassroots community groups and organisations across the UK to find new solutions to local and national challenges by uncovering knowledge and turning great ideas into action. GWT are currently in Phase 1 of the grant process which they are working on over the first 6 months (ending in July 2023) to explore participatory research and develop an Intergenerational Framework testing intergenerational relationships in Glasgow centre area.

They have set up their first meetings with Youth Groups and groups of older people on this community led research. The intergenerational approach is aiming to allow all voices to be heard so that people can work together to explore community safety and intergenerational interventions.

Generations Working Together hope to get through to phase 2 of the research and will keep us informed on the progress and indeed invite people to take part.

[Bella Kerr](#) is the Intergenerational Development Officer facilitating the research and she can be contacted if you wish to know anything further.

It is FREE for anyone living in Scotland to join Generations Working Together and if you are interested in joining [sign up here](#).

SCSN in Conversation with Zahra Hedges, Winning Scotland, talking Planet Youth



This month we hear from Zahra Hedges, Chief Executive of Winning Scotland, a national charity working with partners to build confidence and resilience in children and young people.

Our CEO, Lorraine Gillies, is involved in your work on something called 'Planet Youth'. Can you tell us about it?

Planet Youth is the brand name of the Icelandic Primary Prevention Model. Around twenty years ago, teenagers in Iceland were drinking, smoking and taking drugs earlier and more often than other teens in other countries. So a group of social scientists and researchers decided to take a more scientific approach, replacing the traditional *Just Say No* campaigns. They started by listening to their young people; surveying teenagers to understand what risks they were taking, but also what their lives were like at school, at home, their friendships and how they spent their free time. The data identified that there were certain things that meant a teenager was more likely to make healthy choices, what we're calling protective factors, and others that meant risk-taking behaviour was more likely.

For example, in Iceland, when teens got home before 10pm, that correlated with less risky

behaviour, as did taking part in quality extracurricular activities several times a week, and spending time with their parents over the weekend.

This information was shared locally, with all sorts of people and organisations who had a vested interest in creating a generation of healthier, happier young people and they were challenged to come up with ideas to increase the number of protective factors in young people's lives. The communities worked together over several years to increase the number of kids who had access to these sorts of positive environments. It wasn't easy, but gradually, the number of young people drinking, smoking and taking drugs decreased to such an extent that they are now considered the 'cleanest living teens in Europe.'

That's fantastic. But how is it relevant for Scotland?

We started testing this approach in 2021, when we did our first lot of surveys with teens from 13 high schools. Interestingly, the proportion of young people smoking, drinking and taking drugs, and the age at which they are doing it, is very similar to where Iceland was in 1998.

So, we can fairly extrapolate that change is possible, although of course, Scotland is a much bigger country than Iceland. The Planet Youth approach is now in 30 countries, and it's starting to bear fruit – lots of the challenges our kids are facing are the same the world over, and we're lucky to be part of that learning network.

You can read this article in full on [our website](#).

New Report: The Preventative State: Rebuilding our local, social and civic foundations

Demos, an independent educational charity based in London, has published a new report arguing for a more expansive state outlook around the challenge of reforming public services - focussed on prevention.

Public services are facing an unsustainable rising tide of demand. In response, politicians across the political spectrum are calling for a greater shift to prevention in public services.

This is necessary: public services today are too reactive, intervening too late.

Demos recommends moving from transactional public services to relational public services and to truly reduce demand for public services in the long run, we need to not only prevent problems from arising, but create the conditions for flourishing and resilience within communities.

You can read more and download the report on the Demos website [here](#). The report is also available on the SCSN website [here](#).



Continued from front page main article: RoSPA Fall Fighters

There are two simple routes to becoming a Fall Fighter:

- **As an individual** you can attend a short e-learning session at a time to suit you - why not encourage friends or colleagues to sign up too?
- **Volunteers from organisations** - workplaces, charities, community groups - can download a short self-led workshop to run with others, or download our SCORM compliant e-learning files to upload to your own e-learning system.

Once you have completed the session, you will be awarded a certificate and receive a digital toolkit to help you spread the word and inspire others.

If there is anything you could do today please consider joining the Fall Fighter programme as you never know when you could prevent your loved ones being injured in a fall.

Find out more & become a RoSPA Fall Fighter by visiting their website [here](#).

Everything you need for Child Safety Week all in one place!

[Child Safety Week](#), from the Child Accident Prevention Trust (CAPT), is just two weeks away, launching on 5th June with the theme Safety Made Simple.

It's simpler than ever to find everything you need to support your activities, however you're reaching families, thanks to CAPT's brand new resource centre.

Whether you're creating a display for your setting, planning a session with families, or looking for safety advice, it's quick and easy to find free printed and downloadable safety resources, all in one place.

For families, this year's Parents' Pack is full of bite-sized facts and safety tips, helping parents and carers fit simple changes into busy family life.

Get ready for Child Safety Week

- 1) Visit the brand new [resource centre](#) to find everything you need
- 2) If you haven't already, [sign up](#) for updates so you don't miss out on future resources and safety advice



Adapting the Adaptations Process: Tackling the barriers within Policy and Practice

This is one of several new reports discussed in our [latest Podcast](#) with Dr Vikki McCall of Stirling University.

There are many good practice examples throughout Scotland, and key stakeholders emphasise the important role for adaptations in the impact they make in people's lives. However, the current systems that supports home adaptations in Scotland are fragmented, overly complex, and bureaucratic. These challenges undermine the preventive potential that adaptations can offer to service users. The report presents the perspectives of key stakeholders on how we

can tackle the barriers within policy and practice within the adaptations process.

Adaptations involve health and wellbeing-related home and environmental modifications for social, private renters and home-owners. In Scotland and throughout the UK, there are various adaptations processes that support the access, assessment and delivery of adaptations for service users. The report offers a new process for understanding the adaptations process, presenting barriers attached to governance, need awareness, information and advice, assessment, funding, design, delivery, evaluation & performance monitoring.

Read more [here](#).

The Intersectional Stigma of Place Based Ageing (IPSA) Project

Also discussed during our latest Podcast, the [ISPA project](#) is an ambitious 5-year participatory mixed method study that will explore and understand how the stigma attached to where people live can intersect with experiences of disability and ageing.

This will provide nuanced insights into the structures and systems that drive exclusion and allow us to tackle the inequalities

experienced by older disabled adults. Watch the video below if you wish to see an overview.

The aim is to develop interventions related to home and environmental modifications which encourage interventions for inclusive approaches that support people to age well within homes and communities across England, Scotland, and Wales.

The project is funded by the Economic and Social Research Council and runs from September 2022 to September 2027.

Electrical Safety Outdoors

Summer is finally upon us and it's a time of year when more people will be spending time in their gardens.

Although electricity makes gardening much easier, wet conditions and contact with the ground means that the risk of injury or death from electric shock is much greater than the risk from using electrical equipment indoors.

Electricity and water don't mix, so whether it's pouring from the heavens or there's still dew on the ground, don't use electrical equipment outdoors until it is dry.

Electrical Safety First have provided a list of simple safety rules for every time you work in the garden, to help you avoid a serious accident.

Find out more on their website [here](#).



Reducing re-traumatisation in justice system

A new approach to equip justice agencies with the skills and knowledge needed to reduce the re-traumatisation of victims and witnesses of crime has been published today.

It underpins a key aim of the Victims, Witnesses and Justice Reform (Scotland) Bill, introduced last week, to embed trauma-informed practice across the justice system.

The Trauma-Informed Justice: A Knowledge and Skills Framework, enables justice organisations to support victims and witnesses in ways which minimises harm and re-traumatisation, support their recovery and enable the most effective evidence gathering.

Examples include, making each step of the process as transparent and understandable as possible and offering witnesses choices throughout the justice process, for example on the gender of their interviewer, how they are communicated with by justice agencies and providing information on the support they can access.

The new way of working, which was developed by NHS Education Scotland as part of an overall package of £440,000 Scottish Government funding, will also provide organisations with the tools to develop and deliver training to their workforce.

Read more on the Scottish Government website [here](#).

A Review of Interventions, Innovation, and the Impact of Covid-19 in the Scottish Prison System within a Comparative Analytical Framework

The Scottish Centre for Crime and Justice Research (SCCJR) has published a new report on the impact of Covid 19 on the Scottish Prison System.

This is the final report from the project 'A Review of Interventions, Innovation, and the Impact of Covid-19 in the Scottish Prison System within a Comparative Analytical Framework' for the Scottish Government Coronavirus (Covid-19) Learning and Evaluation Oversight Group. This project was

funded by the Scottish Government in 2022 with the aim of uncovering what occurred in prisons in Scotland and throughout the rest of the world during the Covid-19 pandemic.

This project falls under the following three themes:

Theme 1: international pandemic recovery strategies

Theme 2: learning from public service innovation and creativity

Theme 3: inequalities and human rights

Read more and download the full report [here](#).

Imagine a Man Toolkit

Our friends at No Knives Better Lives, together with YouthLink Scotland, have published a timely new Toolkit - 'Imagine a Man'.

This [resource](#) is a contribution towards developing a continuing understanding of what constitutes positive masculinity. It is important because it attempts to define the role of men in society in a way that is aspirational, supporting boys and young men to flourish.



PHS Blog: Gambling harm – a driver of widening health inequalities

Gambling is another addictive product in our society that can have a devastating effect on the most vulnerable and can widen existing inequality. In this blog, Organisational lead for Public Health Networks Ann Conacher highlights a new programme of work in Public Health Scotland to address gambling harm.

Despite its relatively small population size, the UK has one of the largest gambling markets in the world. The UK public lost £14.1 billion of their money to the gambling industry in 2021-22. In Scotland, we see that gambling premises are concentrated in our most deprived communities. So, those that are least able to afford the monetary losses are exposed the most. As a result, the additional burden to health arises.

The gambling landscape has changed significantly due to deregulation through the Gambling Act (2005) and the introduction of new technologies, with online gambling now the most common way to gamble. This was accelerated by the COVID-19 pandemic.

24/7 accessibility to gambling means that greater numbers are now at risk from harm. Public Health England (PHE) published an evidence review (updated January 2023) which shows the many health and social harms associated with gambling – homelessness, crime, broken relationships, mental health problems and suicide. The review also shows that in England, although the most socio-economically deprived and disadvantaged groups gamble less, they have the highest levels of harmful gambling. There is potential for gambling to make existing health inequalities worse.

Read this blog in full on the [PHS website](#).

Radical change needed across Scotland's Councils - Audit Scotland

Scotland's councils must radically change how they operate – particularly how they collaborate with partners – if they are to improve and maintain services to their communities.

Councils worked well with their partners to address the impacts of Covid-19. They need to implement the lessons learned during the pandemic in order to now cope with reducing budgets, growing demographic and workforce pressures, and declining performance across some services.

The Scottish Government and COSLA urgently need to finalise the planned 'New Deal' settlement for local government, allowing for more long-term planning, flexibility and transparency in councils' budgeting process. Currently, an increasing proportion of funding is ringfenced for national priorities; this constrains councils from making decisions about how to best use money to address the local needs of their citizens and communities.

Councils must now rethink how they work together, and with local partners and communities, to provide financially sustainable

services whilst tackling national issues such as climate change, child poverty and inequalities. Few councils provide services jointly or share support services across different councils.

Councils also need better data in order to ensure that they can demonstrate that their services are meeting their citizen's needs.

Read the full Local Government Overview [here](#).

Event - Building Fairer Communities: Designing Inclusive Systems and Services

You are invited to attend this important event jointly hosted by the Improvement Service, Public Health Scotland and the ALLIANCE.

You will have the opportunity to learn more about the Scottish Approach to Service Design and hear directly from organisations who are promoting a human rights-based approach to designing inclusive systems and services.

Find out more and book your place [here](#).

CrimeStoppers Community Funds

Communities are at the heart of Crimestoppers.

That's why this summer, rather than their usual campaigns, they want to share resources and let you lead. Because you know your community BEST.

Working in partnership with Network Rail Scotland, they're giving six groups (with registered charitable status) £500 to spend on creating a special day – it could be anything from a trip or community art project to a disco or tea dance.

The grants will be given to six youth-focused groups and six adult-focused groups.

All they ask is that during the event, your members or beneficiaries learn that if they know or suspect information about crime, they can SPEAK UP 100% anonymously to our charity - and why

More info and very simple and quick online application is here:

[Celebrating our communities | Crimestoppers \(crimestoppers-uk.org\)](https://www.crimestoppers-uk.org/celebrating-our-communities)



Launch of New Acquisitive Crime Strategy

A multi-agency strategy to tackle acquisitive crime throughout Scotland has officially launched.



The Scottish Partnership against Acquisitive Crime (SPAACE) is a collaboration across organisations including Police Scotland, The Scottish Government, Scottish Plant Owners Association Scotland, Trading Standards Scotland, Retailers against Crime, Society of Chief Officers of Trading Standards in Scotland, Neighbourhood Watch Scotland, HM Revenue and Customs, Secured by Design, Take 5 to Stop Fraud and Crimestoppers.

This inaugural strategy, which was introduced on Monday, 22 May, 2023, covers all aspects of acquisitive crime prevention to address offences including housebreaking, theft of vehicles, doorstep crime, fuel thefts and theft of plant machinery.

Read more on the Police Scotland website [here](#).

Drowning And Incident Review

Water Safety Scotland (WSS) via RoSPA and the Scottish Fire and Rescue Service (SFRS) developed the Drowning and Incident Review (DIR) process for accidental water-related fatalities in Scotland.

DIR aims to gather data and understand the contributory factors of a water-related incident to help gain a better understanding of how to prevent similar incidents occurring in future. It follows the release of [Preventing Future Fatalities](#) in 2020 which brought together information on the current legal landscape and explores potential solutions to help prevent accidental water fatalities in Scotland.

DIR can be used for fatal incidents located both inland and in coastal waters, and for near-miss incidents where these are either attended by emergency services or are reported.

DIR does not cover: Boating and commercial incidents, deaths by suicide, deaths in employment, or deaths where crime is suspected.

You can find out more, including accessing DIR training [here](#).

Climate Crisis Corner



Consultation on 20 Minute Neighbourhoods

This consultation is seeking views and comments on the draft local living and 20 minute neighbourhood planning guidance.

The guidance is intended to assist and support local authorities, communities, and others with an interest in local living and 20 minute neighbourhoods. It is expected to be of particular relevance in the preparation of

Local Development Plans (LDPs), Local Place Plans (LPPs) and to support planning decision making.

[National Planning Framework \(NPF4\)](#) includes a clear commitment to think differently about our places, including local living and 20 minute neighbourhoods putting climate and nature at the forefront, tackling long standing challenges and inequalities, and leading the transition to stronger, greener, fairer and healthier communities across Scotland.

Find out more & submit a response [here](#).



Event - Climate Action for All: First Steps and Strategies for a Diverse Community

Community Climate Action - first steps and building towards success. How can groups widen community engagement towards climate action, and encourage a more diverse audience?

This mini-training is delivered by the [Ethnic Minority Environmental Network](#) of [CEMVO Scotland](#).

This event will give climate leaders, activists, community and project workers from across Scotland hints and tips on how to build effective engagement with a diverse public.

Find out more & book your place [here](#).

Current warming projections will push billions outside of 'human climate niche'

New [research](#) published in the Journal 'Nature Sustainability' has warned of the potentially devastating consequences of failing to take immediate action to tackle the climate crisis.

The 2.7 °C global warming expected under current policies puts around a third of the world population (two billion people) outside the climate 'niche' in which most humans have lived for millennia, and expected to experience annual average temperatures of above 29°C by 2030.

The study points out that high temperatures have been linked to increased mortality, decreased labour productivity, decreased cognitive performance, impaired learning, adverse pregnancy outcomes, decreased crop yield potential⁹, increased conflict, hate speech, migration and infectious disease spread.

Prof Tim Lenton at the University of Exeter, UK, who led the new research, said: "The costs of global warming are often expressed in financial terms but our study highlights the phenomenal human cost of failing to tackle the climate emergency."



Latest news from the Home Safety Scotland Forum

We're always on the lookout for new members to join our forum! If you work in or are interested in home safety, and would like to join or attend our forum, please contact Kevin Chase at hss@scsn.org.uk.

The next meeting of the Home Safety Scotland Forum takes place on Monday 12th June at 2pm (online).

You can follow Home Safety Scotland on Twitter at [@HomeSafetyScot](https://twitter.com/HomeSafetyScot)

Thinking about Data and Statistics

By Kevin Chase, SCSN/Home Safety Scotland

So it has now been 7 months in post and the learning journey continues. I have met some fantastic and passionate people along the way, some you will read in this month's newsletter.

I was delighted to meet Doctor Vikki McCall who co-authored the recent academic review of adaptations who took time out of her day to meet with myself and thereafter agreed to the Podcast.

I was also delighted to be invited by Doctor McCall to her recent Intersectional Stigma of Placed Based Ageing project. This is a 5 year project looking at place, age and disability to see where they intersect and how stigma also impacts on place. This is a combined academic alliance with the Universities of Newcastle and Bristol. The Project also has an Inclusive Living Alliance with 17 different partners tackling stigma and building inclusive environments. The Project will review how people live and what their difficulties are. It is a fascinating project that has real tangible benefits and a legacy impact to improve inclusivity. The opportunity for networking has been hugely beneficial another key element has been to review where else I believe an impact could be made.

My next key focus is data and have a better understanding of how statistics are produced. David Salsburg, a retired statistician, previously wrote, "To apply statistics without understanding them is like driving a car without knowing how the engine works." Which is

perfectly apt for myself to understand potential success stories for home safety.

Currently statistics are captured by Public Health Scotland and published via the Unintentional Injuries reports. The challenge with this data from accidents in the home, is that it is solely reliant on hospital admissions and does not include injuries that are treated by the Ambulance Service or if injuries are treated by a local GP. Clearly these gaps are likely to record higher injuries than currently captured by Public Health Scotland hospital admission data.

Whilst benchmarking is important to establish what works from a harm reduction perspective, it is not the only form of "measuring success". Other key elements are the psychological impact of suffering falls in your home contrasted with home adaptations and their use to prevent such harm.

The next steps in the journey will explore data and statistics more closely.

New Dog Safety Fact Sheets from CAPT

Most dog bites to children happen at home, often by our family pet rather than the dangerous dog breeds you read about in the news.

This is why it's so important for expectant parents and families with a pet dog to have simple advice about how to keep their children safe.

So the Child Accident Prevention Trust has teamed up with animal welfare experts including Dogs Trust and RSPCA to bring you two brand new free fact sheets. You can find out more [here](#).

The Home Safety Map

We thought our Home Safety themed newsletter would be a good time to remind people of our fantastic Home Safety Map educational resource, developed in partnership with our close friends and colleagues at the Royal Society for the Prevention of Accidents (RoSPA).

This map illustrates research into common, avoidable hazards in our homes. It highlights tragic causes of injury and death, specific to pre-school children and adults over 65. This resource is for everyone but should be of particular interest to parents and carers. We want all citizens in Scotland, young and old to be safe and aware at home.

You can view and download the 'Home Safety Map' on our website [here](#).



New Research: Implementation fidelity of the 'Stay One Step Ahead' home safety intervention: a mixed-methods analysis

This newly published research sought to assess implementation fidelity of the Stay One Step Ahead (SOSA), a complex intervention which was delivered by health visiting teams, children's centres, and family mentors and was aimed at preventing unintentional home injuries in children under 5 in disadvantaged communities.

It found that parents in intervention wards were more likely to receive home safety advice from a practitioner than those living in matched control wards. Monthly safety messages and family mentor home safety activities were delivered with greater fidelity than other intervention components. Content most frequently adapted included the home safety checklist used by health visiting teams, and safety weeks delivered at children's centres.

You can read the research in full [here](#).

Prevention saves lives - politicians must do more

Experts are calling for bold action from politicians and an increased focus on primary prevention to reduce harm to the UK population - in particular to reduce the number of preventable accidents across the UK.

Writing on the [RoSPA website](#) in support of a recent [BMJ article](#), Dr Michael Craig Watson says:

"A crucial area in which to improve primary prevention in relation to accidents is the use of data from emergency departments and other key sources. There has been little in the way of national accident data coming from emergency departments for some years. Good quality data is vital for finding out new priorities, raising awareness (among both the public and professionals), promoting action and evaluation."



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The Scottish Community Safety Network (SCSN) is supported by funding from the Scottish Government Building Safer Communities Project.



Scottish Government
Riaghaltas na h-Alba