



Title: Sheffield Identification and Brief Advice Training Project

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Document available to download at: <http://www.hubcapp.org.uk/QXDT> (accessed July 14th 2010)

NB. Project documentation is also available at:

<http://www.hubcapp.org.uk/files/documents/93.0.doc> (accessed July 14th 2010)

SCS topic headings: **Community Engagement, Monitoring and Evaluation, Personal Safety, Home Safety, Safety in Public Spaces (ASB)**

[This web site information is a synopsis and background information regarding effective intervention training.](#)

Summary of the intervention's aim

The Sheffield Identification and Brief Advice Training Project is a training programme designed to develop skills amongst a range of Tier 1/2 staff (including community based practitioners such as Community Wardens and Youth Workers) working face to face with harmful/hazardous drinkers, and enabling these staff to deliver opportunistic identifications in their communities.

This training package seeks to reduce alcohol consumption and alcohol related harm, disease, ill health, social disorder, violent crime including domestic abuse, and criminal damage.

This project was established in recognition that opportunities for Identification and Brief Advice are often outside of primary care or other mainstream provision. NHS Sheffield acknowledged there was potential for a wide range of staff in varied settings to conduct opportunistic interventions in the community.

Outcomes

Screening and Brief Interventions (SBI) can be delivered by practice nurses, health care workers and any health or care-related staff working directly with people within their own setting. Brief Interventions are designed for use only with those drinking excessively but not yet experiencing serious associated problems.

The learning outcomes for participants are to:

- Consider what brief interventions are and for whom they are suitable
- Develop knowledge around alcohol, its effects & associated risks
- Know about the AUDIT screening tool for identifying hazardous and harmful drinking behaviours
- Consider how to make best use of a short period of time they may have with a service user in order to promote change
- Practise applying simple brief interventions in a role play, including using AUDIT
- Give and receive feedback on skills
- Understand how and when to refer people requiring more than a simple brief intervention for specialised alcohol treatment.

The training includes:

Part a) A one day training session aimed at both primary care staff (e.g. Community Matrons, GPs, Practice Nurses) and other community based staff (e.g. Community Wardens, Youth Workers). A training pack is made available to support each identification, which contains information and advice, tools for tracking drinking and motivational messages.

Part b) A 4 day SBI Alcohol “Training the Trainers” course. Please contact the project contact for further information for further details as to what the sessions consist of.

Furthermore, the training provides:

- Free quality training delivered by experts in their field, mapped to DANOS (Drug & Alcohol National Occupational Standards) with Certificate of Attendance
- Real tools to help deliver brief interventions
- A new city wide support network
- Updated information and back up to help maintain support for your patients and service users
- The opportunity to do a further 4 day Training for Trainers course to enable others to deliver Brief Interventions.

There is no accreditation for this course but participants would be required to demonstrate training skills to the required standard in order to gain SAAS certification. Each course would have two Facilitators. Costs do not include lunch/refreshments or venue.

Total running cost for parts a and b- £6,280

The cost for each 1 x day course (for the first two runs of the course) will be £670. For each subsequent 1 x day course the cost will reduce to £565. The Training the Trainers course costs £2,680.

Summary of evaluation conclusions

By 2010 the project had delivered training to 140 individuals to Drugs and Alcohol National Occupational Standards (DANOS) and has trained 16 trainers.

Essential to the success of the project was the support of managers to allow staff to attend the training. To do this, named managers were targeted explaining to them how the training would benefit their clients and how it would help them to reach disadvantaged groups across the city.

How the evaluation gathered information for findings and conclusions

An evaluative report would be provided at the end of the run of courses to include attendance, use of SBI resource materials, OCN accreditation take-up, etc. It is envisaged that some further monitoring is needed to capture SBI work undertaken by each attendee, post initiative. Tools to enable this are included in the resource packs.

**Further details about the SCS evaluation of this report are available on request.
Date added to the SCS website: July 2010 (RC)**