



Community Planning Network

by Tricia Spacey, SCSN

Are you aware of the Community Planning Network? As part of their ongoing commitment to linking in with community planning colleagues, SCSN have become active members of the network and during my six month secondment, I have represented SCSN at two meetings.

The agenda for both meetings has been informative and varied. At the most recent meeting (8th March 2018), topics for discussion included the 'Fairer Scotland Duty, tackling poverty, and a session on 'The Future of Community Planning Partnerships. This final session, focusing on CPP's, included an update on the [Community Planning Improvement Board](#) and the Scottish Government Review of Community Planning.

Both times I have attended (venues have been Glasgow and Edinburgh), the meeting included presentations by keynote speakers, followed by round table discussions. There was lots of opportunity for debate and sharing of ideas and practice. The meetings were well attended, with a real sense that colleagues welcomed the opportunity to not only hear about some important topics but also to chat things through with colleagues and as the title says 'network'.

It is important to remember, that while we do have colleagues whose job title includes the words 'community planning' – all of us within the public sector have a responsibility to work together to [design and deliver services](#).

It is also important to note that community safety is a cross cutting policy issue with relevance to so many of the outcomes Local Outcome Improvement Plans are working to deliver. There is much benefit for both sides for improving the links between CSP and CPP colleagues.

For more information on the network and community planning in general – have a look [here](#) - and where appropriate sign up to the Knowledge Hub.

We're Moving!!

Having spent the last 5 years at Thistle Street North West Lane, SCSN is now moving once again!

We will be moving in with the Scottish Council for Voluntary Organisations in Edinburgh from April 8.

The move will offer numerous advantages to us as an organisation and further boost our agile working commitment - not only giving more options to our staff, but providing bases across the country from which we can work with partners.

As well as having our own dedicated space in Edinburgh with full access to meeting rooms, we will also be able to make use of SCVO desk and meeting room spaces in Glasgow and Inverness.

Keep an eye out for further details as we will be providing continued updates throughout this process!

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Shorter Bulletin edition newsletter

A shorter Safety NETWORKS Bulletin this month rather than our usual full newsletter due to staff sickness in March. It might not be as big a newsletter, but SCSN has been just as busy!

SCSN Strategic Plan Drawing Event

On March 20 we held a Strategic Planning event with Clare Mills of ListenThinkDraw (follow on Twitter @ListenThinkDraw or visit her [website](#)) where we invited our partners and stakeholders as well as our staff and board to assist us in literally drawing up our strategic plan for the next few years!

Partners in attendance included COSLA, the Scottish Community Development Centre, Community Justice Scotland and many more for what was a hugely productive and engaging event. We'll now be working to publish our strategic plan in the next few months.



SCSN says farewell (almost!) to Tricia Spacey



SCSN has been very lucky over the past few months to have benefited from a secondment from Fife Council of Tricia Spacey. Tricia has spent her time with SCSN doing a range of work but primarily focussing on Safer Communities Improvement and Partnerships. However, while she will no longer be part of the staff team, Tricia will now be welcomed onto the SCSN Board! We thank Tricia for her hard work during her time with us, and look forward to continuing to work with her in the future!

SCSN Consultation Response: Transforming Parole in Scotland

Our National Development Officer Hannah Dickson submitted our latest Scottish Government consultation response on Transforming Parole in Scotland. You can download a copy of the consultation response and view all of our other recent consultation responses from our website [here](#).

Cross Party Working Group on Accident Prevention and Safety Awareness - Update from Bill Harley, Building Safer Communities, Fife

The group met on 20th March 2019 at the Scottish Parliament and the meeting was chaired by Clare Adamson MSP who welcomed everyone to the meeting.

Following discussion at the previous meeting about getting the most out of the meetings the following were identified as good practice.

Format

Good Practice - Time, place and questions. Three minute pitches (could be included after all meetings)

Opportunities - Updates from previous speakers. Networking time (consider time before meeting)

Themes

Always accept suggestions on themes. Suggestions included:- waste management Safety and water safety

Speakers

Brian Simpson, (Unite Union on Hospitality Branch and Better than Zero Campaign). Brian spoke about the effect of zero hours contracts on workers and how it can affect their mental, physical health and safety at work.

He discussed that a survey had identified that 41% of those on zero hours had worse mental or physical health than those on a secure contract.

There are between 90,000 and 100,000 people in Scotland on zero hours contracts in Scotland. The variation of hours affects their benefits and can lead to poverty issues. He spoke of how the hospitality industry appears to be affected by this more than any other.

The **Better than Zero** campaign started three years ago and is a young trade union group who are seeking an end to zero hours contracts and better working conditions.

The **Safe Home** initiative is ongoing to ensure the safety of workers on the way home during unsociable hours.

Brian discussed what he sees as steps toward an end to zero hours contracts.

Andy Cathro , Dundee & Angus College –

LOcHER (Learning Occupational Health by Experiencing Risks) Initiative – Creative Learning of Health and Safety for the Future Workforce.

This concept enables Students to Engage, Learn, Discover, Retain, Recall and Apply risk control approaches and is based on proven methods of learning and retention of new information in interesting, engaging and practical ways. It assists the learners in recalling information when they enter the world of work and helps protect their health.

Andy brought along three groups of young persons and they explained exceptionally well what they had done in respect of this method of learning.

Monifieth High School

They explained that in Home economics they had baked cup cakes with health and safety signs on the top. People had to identify what the sign meant and if they were correct they won the cake. This had been show cased at various events. Sample cakes were supplied to the meeting.

The school had endeavoured to reduce workplace stress and had introduced pet therapy sessions where people would bring in their dogs and spent time with them. This was very well received with 80% of people expressing a positive change in mood and there are many requests for more frequent dog visits.

Yoga sessions were also introduced at the school to relieve muscle tension and strain. The results were positive and it has been integrated into the Lunch Club.

Dundee and Angus College

The group used a real life work experience looking at safety for students and also for staff as well as increasing road safety. They carried out winter health checks on the cars of staff at the college.

The students carried out a risk assessment of doing the work in the workshop environment and then done the work, being able to explain to the car owner the reasons for the checks and the consequences of not finding the faults and rectifying them. Examples of this would be defects to tyres.....

Continue reading this update by downloading the full [PDF here](#).

Health and Housing: NHS Health Scotland Report

We recently attended a Building Foundations for Health and Housing event NHS Health Scotland hosted back in the autumn of last year. A report on this series of events has now been published.

Building on the recommendations published in the 2017 Scottish Public Health Network (ScotPHN) report '[Foundations for Wellbeing: Reconnecting Housing and Public Health](#)', these events focused on facilitating networking, sharing good practice and exploring local opportunities to further strengthen housing's contribution to improving health and tackling inequalities.

The report captures findings from the group discussions at all three events. To accompany this report NHS Health Scotland has also

published case studies of local good practice examples presented throughout the events. To read the events report and case studies please visit [this link on their website](#).

The feedback and key themes which emerged from these events is informing NHS Health Scotland's plans for 2019/20. Their plans will ensure a continued focus on working in collaboration with local and national colleagues to embed health outcomes and health inequalities within housing strategy, policy and services. More details can be found within the event report.

If you are interested in this work or would like to share your own work please contact NHS Health Scotland's Health Improvement Manager Katrina Reid, on Katrina.reid1@nhs.net.

Street Begging in Edinburgh: Research by Shelter Scotland



Begging on the streets is a notable feature of many city centres in the UK today, and Edinburgh is no exception. Often, however, little is understood about the real circumstances of the people sitting on cardboard behind a cap or a broken cup. In December 2017, the City of Edinburgh Council (CEC) Community Safety Partnership commissioned

Shelter Scotland to carry out research into begging in Scotland's capital city to improve understanding of this complex issue. For the

purpose of this research, 'street begging' refers to people who ask for money from members of the public in a unilateral exchange. The research examines a range of data sources provided by three of Edinburgh's major homelessness service providers about people who were known to have begged in the city between November 2016 and October 2018.

In addition, surveys were carried out with 54 people to give depth and insight into their experiences and situations. Although based on a comparatively small sample, the survey responses provided valuable insight and information, giving people's own opinions as to what is important for them. The approach of this research is to put together glimpses of people's stories available from the survey responses, together with the data that is available for larger numbers, in order to provide a picture of begging in Edinburgh that has some level of both breadth and depth.

You can download the research report in full [here](#).

20mph Scotland Poll - 72% Support. - by 20's Plenty for US

Public opinion is for 20mph - 72% and rising. Scotland's elected leader– Nicola Sturgeon should back a national change to 20mph. The cost is £10m for 2 years – only 0.75% of the total transport budget. Reducing road danger is like seatbelt and smoking ban laws. On 20mph we need leaders who will lead and make national changes!

A [new poll by Survation](#) shows that 72% of those who expressed an opinion support the introduction of 20mph default speed limits. This has risen from 65% in 2017.

20's Plenty for Us urgently call on Scotland's First Minister Nicola Sturgeon MSP and cabinet to back 20mph for built up roads with Mark Ruskell's Safer Streets Bill. It's their duty of care to protect people from fast traffic. Some through roads can still be 30mph where needs of the vulnerable are provided for.

The default 20mph policy cost is small - [about £22m or £10-12m a year for 2 years](#). To put this in context – it is just 0.75% of the total Scottish Transport budget of £1,317m. 20mph is a small change with big impacts with predictions of casualties prevented of at least 335-587 people pa – worth savings of £20.5m - £36.1m per year. A [national policy pays for itself in the first year](#) for eight times less money than if council's implement 20mph individually at local level.

20's Plenty for Us

...making your place a better place to be

Scotland led the way with public health protection in Britain with the public smoking ban which became law in March 2006 before England in 2007. It would be nonsense to apply a seatbelt law for one region and not for another. Yet that's what happens with current postcode lottery in that 20mph limits apply for 80% of Edinburgh but are not planned in the Borders. Every child needs quality health and safety protection on their streets wherever they live. The biggest killer in Scotland of five to 25 year olds is traffic crashes. For children under 12, risks rise in faster traffic environments because their eyesight cannot judge speeds over 20mph. When vehicles go at 20mph or below, most people survive collisions.

Rod King MBE, Founder of 20's Plenty for Us said: "Nicola Sturgeon and her cabinet ministers should do what's popular and morally right to protect Scottish citizens from fast cars. People expect them to lead on public health protection, especially at preventing avoidable casualties to children on home streets. The policy cost is small at just 0.75% per year for two years of the transport budget. It pays for itself in the first year. Just as Scotland acted first to defend lungs from second-hand smoke as a national right, Scottish people deserve the right to live where road speeds won't maim or kill."

Visit www.20splenty.org, or follow them on Twitter @20splentyforus

Road Safety Forum Meeting Notes

The Road Safety Forum meets quarterly to discuss and plan actions around road safety both locally and nationally. They are due to have met very recently, and prior to those notes being issued, we thought you might be interested in getting an insight into what is discussed at the meetings.

The last meeting of the Road Safety Forum took place in November 2018 and during the meeting they discussed a range of actions, campaigns and initiatives, including; school travel plans in Glaitness and Firth, the National Hands Up Survey, the Safe Drive Stay Alive campaign, the Good Egg Child Seating Event and the first meeting of the Highlands and Islands Road Safety Operational Officers Group.

You can read these notes in full [here](#).

Latest Unintentional Harm figures published by Information Services Division

ISD published the latest unintentional harm figures for Scotland on March 5. The figures show unintentional injury hospital admissions to the year ending March 2018 and deaths to the year ending December 2017. A summary of the figures is as follows:

- In 2017/18 there were 58,533 emergency admissions for unintentional injuries, representing 1 in 10 of all emergency admissions in Scotland.
- Those from the most deprived areas were around twice as likely as those from the least deprived areas to have an unintentional injury.
- 86% of unintentional injuries among those aged 65 and over were due to falls.
- The rate of falls in those aged 65 and over has increased from 19.6 per 1,000 in 2008/09 to 22.2 in 2017/18.
- Following a period of sharp decline between 2008/09 and 2014/15 the numbers of emergency admissions for assault have stabilised. In 2017/18 there were 2,383 emergency admissions for assault.

You can read the full ISD Summary report [here](#).

Stay Mobile Stay Connected: Roar Connections for Life launch new videos!

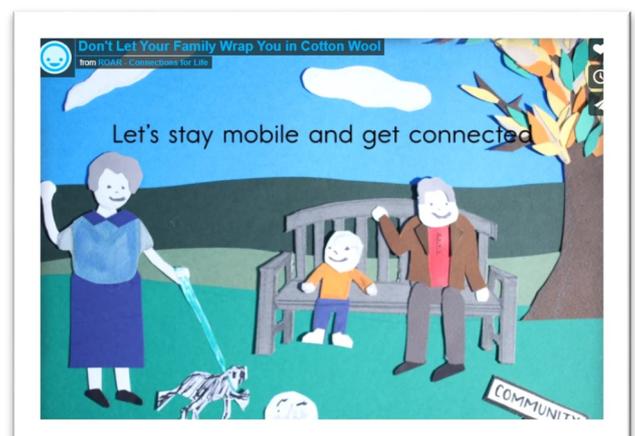
A group of older adults, aged 79 to 92, have created six campaign films with their own advice on achieving happiness and health in later life.

Their first-hand tips range from practical ways to stay on your feet and to avoid loneliness, to much more political demands for changing how public money is spent.

Falls cause loneliness and loneliness causes falls and ROAR Connections for Life want to get the message out about how we can work towards preventing thousands of lives being blighted.

You can view each of their videos on the links below:

- [Don't let your world shrink down to a chair](#)
- [Hugs are better than drugs](#)
- [Our best shot!](#)
- [Prevention is better than cure](#)
- [Don't let your family wrap you in cotton wool](#)



Scottish Crime and Justice Survey 2017/18 findings published

The SCJS is a large-scale social survey which asks people about their experiences and perceptions of crime. The survey is important because it provides a picture of crime in Scotland, including crimes that haven't been reported to, or recorded by the police and captured in [police recorded crime statistics](#).



Overview of crime

What was the extent and prevalence of crime in Scotland in 2017/18?

- There were an estimated 602,000 crimes experienced by adults in Scotland in 2017/18, down by more than two-fifths (42%) since 2008/09 and 16% since 2016/17.
- The SCJS indicates that most adults did not experience crime in 2017/18 (87.5%). Therefore, the SCJS estimates that 12.5% of adults were victims of at least one crime, down from 20.4% in 2008/09 (but no change since 2016/17). In other words, the proportion of adults in Scotland experiencing crime has fallen from around one-in-five to one-in-eight since 2008/09.
- The 2017/18 SCJS estimates that most crime (71%) was property related, with the remaining 29% being violent incidents.
- It is estimated that 35% of crime was reported to the police in 2017/18, unchanged from 2008/09.

You can find out more about the Scottish Crime and Justice Survey and download the full 2017/18 findings report [here](#).

Post Legislative Scrutiny of the Freedom of Information (Scotland) Act 2002

The Public Audit and Post-Legislative Scrutiny Committee has launched a call for written views to inform its post-legislative scrutiny of the Freedom of Information Act (Scotland) 2002. The Committee is keen to examine how FOI works in practice and whether the Act can be modernised or otherwise improved to increase transparency in our public services.

You can find out more and submit a written view [here](#).

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The closing date for the April newsletter is 15 April.



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