



Safety NET-works

August 2019

Public Health & Community Safety
www.safercommunitiesScotland.org

Violence Prevention Framework Published - Guest Article, Scottish Public Health Network (ScotPHN)

"Public health is concerned with the health and wellbeing of populations as a whole. Violence imposes a major burden on that well-being. The objective of public health is to create safe and healthy communities around the world. A major priority today is to persuade all the various sectors – at the global, national and community levels – to commit themselves to this objective."
(WHO. World report on violence and health, 2002)

In 2002 the World Health Organisation (WHO) published the [World report on violence and health](#), setting out the case for violence to be considered a global, national, and local public health problem and calling for concerted action to prevent all forms of violence. Twelve years later, the WHO, along with the United Nation's Development Programme and the United Nation's Office on Drugs and Crime jointly published the [Global status report on violence prevention 2014](#). This noted significant national and international activity, but concluded that gaps remained and more could be done, to embed a public health approach to violence prevention.

Seeking to do this in Scotland, especially in seeking to support ground-breaking initiatives such as then Strathclyde Police's Violence Reduction Unit, the Scottish Public Health Network (ScotPHN) produced a report, [Violence Prevention: A Public Health Priority](#) (Conaglen and Gallimore, 2014). This created an evidence base for how to understand violence prevention from a public health perspective and how it can be prevented. At the same time it sought to raise awareness of the role of public health – alongside others – in its reduction.

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Renfrewshire tops the leader board in falls prevention

By Nicola Hanssen, CEO Roar - Connections for Life

It's not often that Renfrewshire can boast having the best results in Scotland so it's really positive news that we seem to be leading the field when it comes to falls prevention. Two reports published recently by ISD Scotland and RoSPA shows Renfrewshire has the lowest rate of emergency admissions for unintentional harm: falls, in older people compared to all other comparable places in the country. This is excellent in itself but what makes it all the more remarkable is that unlike all other areas in the reports, it is the only area where there is a downward trend of falls rates in the 85 years and over age group.

Roar has a contract with Renfrewshire Council/HSCP and is funded by TNL Community Fund, The Robertson's Trust and income we generate through social enterprise. This has enabled us to tackle both loneliness and falls with a whole systems preventative approach over the past 5 years.

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SCSN AGM - September 10

Our AGM for 2019 will take place on September 10th. Among guest speakers will be Dr Toby Lowe, who will give a taste of what's to come at our Measuring Outcomes Masterclass the following day. If you are interested in attending our AGM, email info@scsn.org.uk.

SCSN Masterclass - Working in Complex Systems, Measuring Performance, Creating Safer Communities, Part II - September 11

Lauriston Hall
28 Lauriston Street
Edinburgh
EH3 9DJ

Building on our sold out event from September 2018 we are delighted to have Dr Toby Lowe join us to further explore what approaches those of us working in complex systems (like community safety) can take to get the best outcomes.

Find out more and book your place [here](#).

SCSN Masterclass: Public Health and Community Safety

FULLY BOOKED!

We are delighted to say that our Public Health and Community Safety Masterclass Event is fully booked for September 4.

However, don't worry about missing out as we'll be recording all presentations and publishing them on our Youtube channel.

Participation Masterclass videos

You can view some of the presentations from our recent Participation Masterclass on our [website](#). The rest plus videos, will be available in due course.

Question of the Month

Our Question of the Month for July was based around our 'Travel Safety' themed July newsletter. Cycling Scotland provided the question and they wanted to know:

'Do you think media reporting contributes to negative attitudes and behaviour toward cycling?'

- 60% of respondents said Yes (9 votes)
- 33% of respondents said No (5 votes)
- 7% of respondents said Not Sure (1 vote)

August Question of the Month

This month's Question of the Month relates to our newsletter theme of Public Health and Community Safety.

We're asking:

'Do you feel that Public Health & Community Safety are well aligned in your area?'

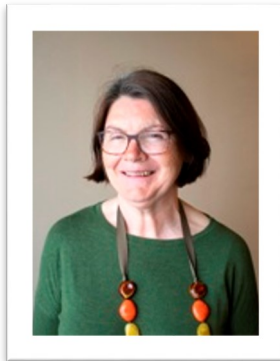
Take part in our poll [here](#).

60 seconds with...

Eibhlin McHugh,



We hear a lot these days about a 'public health approach' to tackling issues. Can you explain what this means/looks like?



To improve Scotland's public health record we need to work together to shift our focus towards preventing ill health, reducing inequalities and working more effectively in partnership. It is widely recognised that this requires a different way of working. This is sometimes referred to as a public health approach or a whole system approach. We define it as:

"An ongoing, flexible approach by a broad-range of stakeholders to identify and understand current and emerging public health issues where, by working together, we can deliver sustainable change and better lives for the people of Scotland."

The challenges when tackling health inequalities are complex. It is not just a simple matter of a single cause or a simple solution or indeed cause and effect. There are many different interrelated contributory causes and indeed the problem can look different from each stakeholders' perspective. The system that we're trying to intervene in is constantly changing and is influenced by factors that we're not in control of. The key to successful interventions that will bring about sustainable changes is all partners working in a truly collaboratively way, firstly developing a shared understanding of the challenge and most importantly we need to put the experience of people who are experiencing poor health outcomes because of the inequalities at the heart of everything that we do. We need to listen to their experience build on their strengths and work together to find solutions that will address the inequalities that is causing that they're experiencing.

It's not a matter of a simple solution either – we need a whole range of interventions from across all partners, some of which will be successful, but others which will have consequences both positive and negative that we didn't intend. It is a journey of learning, we constantly need to re-evaluate what we're doing so that we're developing our understanding as we progress and using it to refine and adapt our actions. The use of data is really important and helps us both to develop a deeper understanding of the challenge and its complexity and develop solutions that are innovative. It also requires a much more collaborative style of leadership that is flexible and puts a greater emphasis on influencing rather than directing. A whole system approach complements what many partnerships are already doing, but we need to refine and develop our approach.

2. There's a big focus on public health reform in Scotland, with a new public health body being created. How will this body differ to the existing structures that deliver public health in Scotland?

Public Health Scotland's purpose will be to improve and protect Scotland's health and wellbeing and reduce health inequalities. We will also support health and social care by focussing our efforts on prevention in order to reduce unsustainable pressures on the system.

Continue reading this 60 second interview [here](#).

Conversations with....Eibhlin McHugh

Accompanying our 60 second interview with Eibhlin, we also met up with her in person to discuss these questions.

You can view the video interview, with some further discussion on our Youtube Channel [here](#).



Renfrewshire tops Leader Board for Falls

We know we are making a difference with all preventative work evidencing that our activity truly helps achieve hospital 'bed nights' saved.

We are delighted to be working with SCSN, ESS and NHS on **Measuring what Matters: An evaluation framework to support practitioners delivering activities to prevent unintentional harm or injury** and hope that the combination of these evaluation methods and the emergency admission stats will convince Scottish Government and IJB's to look at the value in funding community safety, early interventions and prevention.

We are aware of lots of other areas of great work going on up and down the country and so many people passionate about making a difference but if the systems aren't adequately joined up and the approach isn't on early intervention and ongoing prevention then it won't achieve the volume and reach required.

Scotland spends £1.3 million every day on treating older people who have fallen, that Falls account for 87 per cent of emergency hospital admissions for unintentional injuries in people aged 75 and over and that, on average, the cost of hospital, community and social care services for a person a year after an admission due to a fall are 70% higher than in the 12 months before the fall.

ROAR's annual budget is under £0.5 million per year.

We have a real opportunity to make Scotland a leader in falls preventions. The **Falls and Fractures Prevention Strategy 2019 - 2024** consultation period has now been extended.

Although the ambitions are utterly commendable, I believe the commitments 'fall' far short of the step changes in approach we need to make the difference we need to achieve. I thought the point of the strategy was to reduce injuries from falls – not improve services for people who have fallen? I urge everyone to look at the ambitions and think more creatively about how we could achieve these and respond to the consultation. In the 8 years since the publication of the Christie Commission report in 2011, power appears to be just as entrenched within the statutory structure and the recommendations are long forgotten. In these troubling fiscal times more of us need to step forward and demand change.

Falls and Fractures Prevention Strategy Consultation

The falls and Fractures Prevention Strategy 2019-2024 Consultation has now been extended to 30 September.

You can read the draft strategy and consultation document, and submit your response [here](#).

RoSPA Annual Activities Report: Community Safety 2018/19

RoSPA's Community Safety Team for Scotland is located at Heriot Watt Research Park in Edinburgh and is managed by RoSPA's Public Health Adviser. Current grant funding from the Scottish Government's Safer Communities and Cashback Unit allows work programmes to be carried out in respect of home and water safety under the "community safety" umbrella. Those employed in 2018/19 to deliver on home and water safety grant-funded programmes in Scotland included: a community safety manager (Elizabeth Lumsden) a community safety development manager (Carlene

McAvoy) a part-time community safety information and support officer (Carolyn Reid).



This report provides an overview of the work that RoSPA's activities under the bracket of Home Safety and Water Safety in 2018/19, including providing safety information via their [Homeward newsletter](#) and training via their eLearning module, [Preventing Unintentional Injuries in Early Years](#).

You can read more about the work of the RoSPA Community Safety team over 2018/19 by downloading the report [here](#).

Focus on Crime and Justice



Delivering Community Justice National Leadership Group Established

An expert group focused on improving the delivery of community justice interventions met on Wednesday 21 August for the first time.

Senior leaders from justice, health, local government and social work will identify and coordinate action to further strengthen community justice services and alternatives to custody. They will also focus on increasing public and judicial confidence in community justice by demonstrating its effectiveness in supporting rehabilitation and reducing reoffending.

Justice Secretary Humza Yousaf will co-chair the group with Councillor Kelly Parry, COSLA's Communities and Wellbeing spokesperson.

The National Community Justice Leadership Group will link into other national groups including the Drug Deaths Taskforce and Homelessness Prevention and Strategy Group to consider multiple and complex needs.

Prison Service Throughcare Suspended

The Scottish Prisons Service has suspended its Throughcare services, reassigning staff to frontline duties against a backdrop of a rising prison population in Scotland.

Tom Halpin, Chief Executive of Sacro, has said the decision is 'really disappointing' citing excellent outcomes in reducing reoffending rates.

The Wise Group currently run a mentoring service similar to Throughcare and fewer than 10% of those they work with go on to reoffend within a year.

Justice Secretary Humza Yousaf said he understood the SPS has made the decision, but that Scotland cannot go on with an increasing prison population.

Service User Involvement Guide to support Community Justice Innovation

A practical guide to service user involvement in community justice that can contribute to service innovation, and help recovery and support desistance from offending, has been produced by the University of Strathclyde and the Centre for Youth & Criminal Justice (CYCJ).

['Inclusive Justice: Co-producing Change'](#) is the result of a two year action research project, commissioned by Community Justice Ayrshire and written by Dr Beth Weaver, Senior Lecturer in Social Work at the University of Strathclyde, Dr Claire Lightowler, Director of CYCJ and Kristina Moodie, CYCJ's Research Associate.

The guide aims to support professionals and service users in working together to shape the design, development and delivery of criminal and community justice services.

It builds on learning from the process of establishing three Ayrshire based service user involvement groups, which involved people supported by services and those working in social enterprises, local authorities, third sector organisations and research, documenting the process of implementation from inception and distilling that learning into a practical 'how to' manual.

If you would like to get in touch with any feedback or discuss in more detail, please email elizabeth.fawcett@strath.ac.uk

Focus On: Public Health & Community Safety

Violence Reduction Framework -

Continued from front page

To take forward work on violence prevention the Scottish Directors of Public Health established a working group drawn from public health teams across Scotland. This has evolved into the Violence Prevention Strategy Group (VSPG), having grown in size and ambition, with membership from a wide range of agencies involved in violence reduction and united in their commitment to adopting a public health approach. The VSPG's key task has been to develop a framework which reflects these requirements and describes a primary preventive and public health approach to violence prevention that is comprehensive, systems based, collaborative, and addresses the social, economic, and cultural issues that underpin violence.

The [Violence Prevention Framework](#) (Arnot and Mackie, 2019) and [associated resources](#) identifies a range of violence prevention activities undertaken nationally and locally, using the themes of alcohol, children and early experience, youth, sexual and domestic abuse, and elder and disabled abuse. It is a tool and a resource for colleagues, but most of all it is a mechanism to unite and enhance the individual efforts of colleagues and demonstrate how these address violence; it will underpin the work of a Scottish Violence Prevention Network which is seen as the next development in supporting the combined efforts of colleagues through common purpose. The ScotPHN is responsible for



developing the network. To this end, ScotPHN is keen to engage with agencies who are interested in collaborating further on violence prevention.

Why? Because as the WHO noted:

"Public health officials can do much to establish national plans and policies to prevent violence, building important partnerships between sectors and ensuring a proper allocation of resources to prevention efforts."

"While public health leadership need not and indeed cannot direct all the actions to prevent and respond to violence, it has a significant role to play. The data at the disposal of public health and other agencies, the insights and understanding developed through scientific method, and the dedication to finding effective responses are important assets that the field of public health brings to the global response to violence." (WHO. World report on violence and health, 2002)

Poorest toddlers more than twice as likely to have development concerns

Data from [ISD Scotland](#) shows that 22 per cent of children from the most deprived areas had a concern raised about their development during their 27-30 month health review in 2017/18, compared to just nine per cent from the least deprived communities.

Health visitors assessed more than 56,000 youngsters last year, checking for a range of problems from speech issues to emotional difficulties.

Scottish Association for the Study of Offending Annual Conference 1-2 November

SASO's **annual conference** is Scotland's main criminal justice conference, bringing together a wide range of people involved in the Scottish criminal justice system and reflecting the diversity of the Association's membership.

This year's theme is **"Reducing Violence: Radical Ideas"**. The conference will be chaired by Lord Carloway, Lord Justice General.

Exhibition space is available for third sector and commercial organisations. For further information on exhibiting at conference 2019 contact info@sastudyoffending.org.uk

Find out more [here](#).

Principles for Community Empowerment

There is a strong overlap between good health and people feeling empowered in their lives. As such community empowerment is another clear area of overlap between community safety and public health.

Audit Scotland, along with partners including Healthcare Improvement Scotland, has recently published a new report, 'Principles for Community Empowerment'.

It is important that public service providers and scrutiny bodies have a shared understanding of what we mean by community empowerment when considering what it means for our work. The Principles for community empowerment document aims to raise awareness of community empowerment and promote such a shared understanding across scrutiny bodies to support high-quality scrutiny of community empowerment.



Although this document was primarily developed for scrutiny bodies it will also benefit public bodies and their partners to be aware of the expectations of scrutiny bodies as encapsulated in a shared framework of what good community empowerment looks like. It is not intended to be guidance or a checklist. It may be used as a tool by public bodies as they develop their own approaches to community empowerment reflecting the particular challenges and environment each body faces.

You can download the report [here](#).

Involving Young People in Public Health Research

The National Children's Bureau (NCB) Research Centre Project, PEAR (Public Health, Education, Awareness, Research) provides [useful guidance](#) for involving children in research.

The PEAR project comprised 20 young people aged 13-18 and sought to provide guidance on research involvement from a young person's perspective rather than guidance written by adults.

Carnegie Trust Report - The Enabling State: Where are we now?

An Enabling State is one that seeks to address stubborn inequalities of outcome and gives people and communities more control over the public services they receive to improve their own wellbeing.

Summarising the evidence from across the four UK jurisdictions and over 180 sources, our new report, The Enabling State: Where are we now? provides a review of participative, outcomes-based, joined up policy making since 2013 and details what each shift has entailed. You can download the report [here](#).

2019 National Triple I report by NHS Health Scotland

The Triple I (Informing - Inequalities - Interventions) report published by NHS Health Scotland shows the importance of action to address the fundamental causes of poor and unequal health in Scotland.

It found that actions that redistribute income (a fundamental cause of poor health and health inequalities) are likely to result in the biggest improvements in population health and reductions in health inequalities.

It also found that actions that mitigate the

impact of exposure to the things that harm our health are significant, but that doing more of these actions (as opposed to actions to undo health inequalities or prevent them happening in the first place) could have a limited population impact unless they are targeted carefully.

Importantly, the study shows that it is necessary to intervene using a combination of actions that undo, prevent and mitigate health inequalities if we are to improve health and tackle health inequalities.

You can download the report [here](#).

Lived Experience and Community Safety – why it matters - Dawn Exley, Business Support & Development Officer

I've recently had the privilege of hearing about the life journeys of some exceptional people. All bravely telling their stories to rooms of people all over the country with one thing in common. They want to use their lived experience to help others and make the world a safer, more compassionate and informed place.



SCSN Blogs

On hearing about their lives, one thing really struck me and that was - from a very young age they didn't feel safe. From the off, they experienced parental incarcerations, murders, addictions and domestic violence. They grew up in chaotic circumstances involving suffering poverty, involvement in the care system and school exclusions. Before long they all identified with a need to 'numb the pain and hopelessness', 'quiet their head' and 'get help to deal with their life' that alcohol and drugs seemed to offer. They found family in gangs and other substance users. They committed crimes, acts of violence, became 'a pest to society', broke hearts of loved ones and went through the often revolving door of the criminal justice system before they could no longer go on – it was change or die. And so they chose. Standing in front of me, taking personal responsibility for their actions but also explaining what led them to this life as well as the difference a second chance has meant to them. From listening to all I had, I couldn't help but wonder – were they really given a first chance?

Continue reading this blog in full [here](#).

Community Safety Oversight in Ireland -

Lorraine Gillies, Chief Officer

In September 2018, the Republic of Ireland Commission on the Future of Policing recommended the establishment of a new Policing and Community Safety Oversight Commission to supersede the Policing Authority and the Garda Inspectorate.

A core function of the new body would be to promote inter-agency working and scrutinise the role of all agencies as they affect policing and Community Safety. This recommendation forms part of a Government programme of policing reform, which was approved in December 2018. But what is Community Safety and how could it be enhanced by oversight?

Continue reading this post [here](#).

View a video of presentations [here](#).



Thinking about the links between Community Safety and Public Health

– David Barbour, Communications Officer

Our Public Health and Community Safety Masterclass event in September will be one of the first major coming together occasions for community safety and public health practitioners. It's great to see the ever evolving understanding and appreciation that both are inextricably linked.

Some in community safety may be relatively new to public health theories, and some in public health may be relatively new to community safety themes. So here I'm going to take a brief and informal look at some of the links. Consider it an idiots guide or exploration if you will!

Continue reading this post [here](#).



The PB Scotland Conference 2019:

Going Global

SAVE THE DATE!!

23rd October, Edinburgh

This conference will explore how participatory budgeting (PB) is taking hold across the globe and here in Scotland.

Building on the principles within the [PB Charter for Scotland](#), this conference and fringe events will be a chance to hear about exciting PB activity from across the world and gain insights into new democratic innovations happening in Scotland and beyond.

More information on registration for this conference will be available soon. Visit the [PB Scotland website](#) and sign up for updates.



PB Scotland

Law Enforcement and Public Health (LEPH) Conference 2019

21-23 October



LEPH2019

EDINBURGH
SCOTLAND
21-23 OCT

The Fifth International Conference on Law Enforcement & Public Health

The Law Enforcement and Public Health Network regularly holds a Consultation together with the Law Enforcement and Public Health Conferences. These Consultations bring together police, health agencies, NGOs and affected communities to discuss and address critical issues confronting people who use drugs and police and others working in the area. The Consultations produce outputs which are useful for education, advocacy and policy development on these issues.

Find out more about the Conference and register your place [here](#).

Creating Better Places for Scotland's Gypsy/Traveller Community

1st October, Saracen House, Edinburgh



The Gypsy/Traveller community is deeply rooted in Scotland with its long history and culture. Despite this, Gypsy/Travellers are too often marginalised and excluded from decisions that affect them. The roots of the inequalities experienced by the Gypsy/Traveller community are complicated and multifaceted, for example under-provision of sites, prejudice and stigma over many generations and a lack of understanding of their nomadic culture together with systemic barriers to access and participation in public services.

This event is an ideal opportunity for Gypsy/Travellers, local and national government officers, elected representatives at local and national level, planners, community planning, community councillors, public health professionals, employers, infrastructure providers and all other relevant stakeholders to engage with other thought leaders and potential partners that can help forge solutions to the challenges faced by the community.

Find out more about the event and book your place [here](#).

Home Safety Scotland Section



SCSN are delighted to have taken Home Safety Scotland under our wing, with our Chief Officer, Lorraine Gillies, taking the position of Chair of the Home Safety Scotland Board!

Starting this month, we will be featuring a page in our newsletter dedicated to the latest news and meetings of Home Safety Scotland, as well as taking a look at the latest news and events in Home Safety across the country.

We have also launched a new Home Safety Scotland Twitter account, which you can follow [here](#).

We will be meeting with Home Safety Scotland volunteers on 22 August to discuss further new developments, including a refreshed Home Safety Scotland website and re-invigorated Home Safety Scotland social media operations and engagement - so keep an eye out for new developments in the coming months!

New Report: RoSPA - Bridging the Gap: injury surveillance in Scotland's local authorities An analysis of currently available data focussing on home injury rates in Scotland.

ROSPA have recently published a report on unintentional injury statistics (hospital admission rates from unintentional injuries in the home from ISD) broken down by Local Authority area. This paper is an effort to bridge the gap between national and local data, and provide those working in community safety, injury prevention, public health with some local data on unintentional injury in the home.

Due to capacity of the national organisations and the format of the data from ISD this data provides a broad picture of unintentional injury in the home. It is not designed to be used as a benchmarking tool nor is it a comment or reflection from any national body on the local efforts underway to prevent unintentional injury or performance of an individual local authority area.

It could be used to kick start some discussion on the local picture of unintentional injury in the home, and we would recommend all partners involved in this portfolio area to take a deeper look at local figures to understand what the story beneath the rates are (for example demography, distance from a hospital

and subsequent likelihood of admission, admission protocols etc) and develop the local understanding and approaches to preventing unintentional injury in the home.

The [National strategic assessment of unintentional harm and injury](#) can also provide some additional information of use to local authority areas.

The full ISD report and dashboard on unintentional injuries can be found [here](#). Please contact ROSPA, SCSN, ISD or your Local Intelligence Support Team for more information:

ISD Contacts:

Celina Davis Principal Information Analyst 0131 275 6199 nss.isdmaternity@nhs.net

Jack Vize Senior Information Analyst 0131 275 7153

ROSPA: Carlene McAvoy cmcavoy@rospa.com

SCSN: Hannah Dickson hannah.dickson@scsn.org.uk

Gas Safety Week 2019 - Gas Safety Week Toolkit

16-22 September

Gas Safety Week sees organisations from across the UK working together to raise awareness of the dangers of poorly maintained gas appliances, which can cause gas leaks, fires, explosions and carbon monoxide (CO) poisoning.

You can find out more about Gas Safety Week 2019 by visiting the Gas Safety Week website, which provides a wealth of resources and information, including a Gas Safety Week toolkit which you can use to raise awareness of these issues!

You can pledge your support to Gas Safety Week [here](#).



In other news...



Consultations

National Transport Strategy for Scotland - Consultation

A new National Transport Strategy for Scotland is [now open for consultation](#).

The [National Transport Strategy \(NTS2\)](#) sets out our vision for the next 20 years and was developed in collaboration with over 60 partner organisations around Scotland.

The global climate emergency and the role of transport in helping to deliver net-zero emissions by 2045 is a key priority, along with how transport can play its part in building a fairer society - including reducing child poverty. The strategy redefines investment priorities, putting sustainable and public transport at the heart of decision-making.

[Read the National Transport Strategy](#) and have your say at [consult.gov.scot](#).

Duty to Notify and Provide Information about victims: Consultation on Section 38 of the Human Trafficking and Exploitation (Scotland) Act 2015

SCSN has now [submitted our response](#) to this consultation which remains open until 6 September. You can find out more and submit your response [here](#).

Review of Strategic Police Priorities

The Scottish Government are currently consulting on the Strategic Police Priorities, last set in 2016. Following a Programme for Government Commitment, they are reviewing the SPPs this year to reflect developments in policing in Scotland. Take part [here](#).

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The SCSN website has a wide range of useful information and services which are free to access, including case studies, briefing papers, policy and strategy documents, toolkits and guidance documents on a variety of topics and much more besides.



Visit our website at www.safercommunitiesscotland.org

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SHARE YOUR NEWS!

If you would like to submit an article, request information or share good practice in our newsletter, please get in touch! Email info@scsn.org.uk



The closing date for the September newsletter is 18 September.



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